

Hamilton's Academy of Grief & Loss

Books for those wanting to help children and teens
 Lee Hamilton Memorial Grief Lending Library
 Located at 3601 Westown Parkway, West Des Moines, Iowa

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>About Dying: an open family book for parents and children together</i>	Stein, Sara Bonnett (Walker & Co., 1974)	Separate texts for the adult and child.	Helping Children	j242.4 S
<i>After A Parent's Suicide: helping children heal</i>	Requarth, Margo, M.A., M.F.T. (Healing Hearts Press, 2006)	This book focuses on how to help children and teens in the aftermath of a parent's suicide. The book provides an overview of current thinking/research on suicide and explores the increased risk of mental health issues for child survivors. In addition to information about how children grieve at different developmental levels, it also offers comfort to the bereaved, specific coping strategies for families facing this trauma, and insight into what promotes resiliency.	Helping Children	155.9 R
<i>Blessing Of Feelings, The</i>	Nilsen, Erika (Zion Publishing, 2007)	A tool for parents, grandparents and others to help the children the love understand and appreciate the blessing of feelings. Helps children learn the names of emotions while they study the photographs of children's facial expressions. They, in turn, can begin to label their own feelings and understand that all feelings are OK.		j155.4 N
<i>Books To Help Children Cope With Separation and Loss Second Edition</i>	Bernstein, Joanne E. (R.R. Bowker Company, 1983)	Provides a wealth of information on books designed to help children from ages 3 to 16 overcome the grief of loss in whatever form it takes.	ALL Loss	16.3 B
<i>Breaking the Silence: a guide to help children with complicated grief – suicide, homicide, aids, violence, and abuse</i>	Goldman, Linda (Taylor & Francis, 1996)	A guide for helping children with complicated grief issues. Includes bibliographical references and index.		155.9 G
<i>Childhood and Death</i>	Wass, Hannelore & Charles Corr (Hemisphere Publishing Corporation, 1984)	<i>Childhood and Death</i> fills the need for a comprehensive source treating the highly sensitive, difficult, and complex issues of working with children in this area. It discusses the various ways in which death affects children and effective intervention techniques to help them cope.	Children Dying	155.9 W
<i>Children Also Grieve: talking about death and healing</i>	Goldman, Linda (Jessica Kingsley Publications, 2006)	<i>Children Also Grieve</i> is an imaginative resource, fully illustrated with color photographs, that offers support and reassurance to children coming to terms with the loss of a close friend or relative and to adults who are supporting them through their bereavement. The combination of narrative and interactive memory book in the first part of the book, is designed to be read and worked through by children.		155.9 G

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<i>Children And Death: perspectives from birth through adolescence</i>	Schowalter, John, et. al., ed. (Praeger Publishers, 1987)	This book attempts to identify, illuminate, and broaden our repertoire of adaptive maneuvers so that both children and adults will be better equipped to deal with the crisis of death.		155.9 S
<i>Children and Grief: helping your child understand death</i>	O'Connor, Joey (Fleming H. Revell, 2004)	This book teaches you how to answer your child's questions in specific, practical ways, help your child grieve by supporting his or her God-given emotions. It also teaches you to give your child a sense of security and safety amid disorienting events like funerals, disrupted routines and more.		248.8 O
<i>Children And Grief: when a parent dies</i>	Worden, J. William (Guildford Press, 1996)	Drawing upon extensive interviews and assessments of school-age children who have lost a parent to death, this book offers a richly textured portrait of the mourning process in children. Compares parentally bereaved children with those who have suffered loss of a sibling to death, or of a parent through divorce, exploring similarities and differences in these experiences of loss.	Death of a Parent	155.9 W
<i>Children Are Not Paper Dolls</i>	Linn, Erin (The Publisher's Mark, 1982)	Enables anyone who comes in contact with a bereaved child to have greater understanding of a child's grief.		155.9 L
<i>Children Grieve, Too: helping children cope with grief</i>	Johnson, Joy & Dr. Marvin (Centering Corporation, 1998)	A simple and beautifully written book which outlines what to expect from grieving children according to age.		vf
<i>Children Mourning – Mourning Children</i>	Doka, Kenneth J., ed. (Hospice Foundation of America, 1995)	A readable book directed primarily at caregivers but might also benefit a family dealing with a pediatric related problem of grief and bereavement.		155.9 D
<i>Children's Conceptions of Death</i>	Lonetto, Richard, Ph.D. (Springer Publishing Company, 1980)	Explores children's evolving views of death; describes and discusses what children themselves think of life and death. Offers guidelines for explaining death to a child.		155.4 L
<i>Class In Room 44, The</i>	Blackburn, Lynn Bennett (Centering Corporation, 1991)	Elementary school age. Deals with children's feelings when their classmate is killed. Talks about anger, tears, guilt, remembering and saying goodbye. Helps explain sudden death and grief. Ideal for teachers.	School Resources	vf
<i>Companioning the Grieving Child Curriculum Book: activities to help children and teens heal</i>	Morrissey, Patricia, M.S. ED. & Wolfelt, Alan D., Ph.D. (Companion Press, 2013)	This guide provides hundreds of hands-on activities tailored for grieving children in three age groups: preschool, elementary, and teens. Through the use of readings, games, discussion questions, and arts and crafts, caregivers can help grieving young people acknowledge the reality of the death, embrace the pain of the loss, remember the person who died, develop a new self-identity, search for meaning, and accept support.		155.9 M

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<i>Companioning the Grieving Child: a soulful guide for caregivers</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 2012)	Providing a viable alternative to the limitations of the medical model for companioning the bereaved, the author encourages counselors and other caregivers to aspire to a more compassionate philosophy in which the child is the expert of his or her own grief---not the counselor or caregiver.		155.9 W
<i>Creative Interventions for Children of Divorce</i>	Lowenstein, Liana (Champion Press, 2006)	An innovative collection of therapeutic games, art techniques, and stories to help children of divorce express feelings, deal with loyalty binds, disengage from parental conflict, address anger and self-blame, and learn coping strategies. Includes a theoretical overview for practitioners, a sample treatment plan, and a reproducible handout to give parents. Also contains a ten-week curriculum that can be used in therapy or support groups.	Divorce	618.92 L
<i>Explaining Death to Children</i>	Grollman, Earl A., ed. (Beacon Press, 1967)	This collection of readings should help any reader to face death more effectively.		155.9 G
<i>Finding the Words: how to talk with children and teens about death, suicide, funerals, homicide, cremation, and other end-of-life matters.</i>	Wolfelt, Alan D., Ph.D., C.T. (Companion Press, 2013)	Simplified and suitable methods for talking to children and teenagers about sensitive topics with an emphasis on the subject of death. Honest but child-appropriate language is advocated, and various wording and levels of explanation are suggested for different ages when discussing topics such as death in general, suicide, homicide, accidental death, the death of a child, terminal illness, pet death, funerals, and cremation.		155.9 W
<i>For Those Who Live</i>	LaTour, Kathy (Centering Corporation, 1983, rev.ed, 1987)	For helping children cope with the death of a brother or sister.	Death of a sibling	155.9 L
<i>Go Out In Joy!</i>	Herrmann, Nina (Simon & Schuster, 1977)	An uplifting tribute to the human spirit -- to the nurses, the doctors, the parents and relatives, and especially the children at University Hospital Center.		B H
<i>Good Grief: helping groups of children when a friend dies</i>	Fox, Sandra Sutherland (New England Association for the Education of Young Children, 1988)	Designed to help adults who work with groups of children in their efforts to assist surviving children to cope with the emotional stresses with result when a friend dies.		155.9 F
<i>Grief at School Resource Manual</i>	Fitzgerald, Helen (American Hospice Foundation, 2000)	Offers tools for school personnel to effectively address the needs of grieving children. Chapters include tools to help with data collection, classroom activities, and on-going evaluation of progress.	School Resources	155.9 F

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<i>Grief Comes To Class: an educator's guide</i>	Gilko-Braden, Majel (Centering Corporation, 2004)	A handbook for teachers who this year alone, will deal with more than three million grieving children. Case study, class support for the grieving child, and ideas from counselors who have dealt with a series of deaths. Age appropriate responses included.	School Resources	vf
<i>Grieving Child, The: a parent's guide</i>	Fitzgerald, Helen (Simon & Schuster, 1992)	Provides suggestions for dealing with a child's emotional responses (including anger, guilt and depression) and helping a child adjust to a new life after someone loved dies.		155.9 F
<i>Healing a Child's Grieving Heart: 100 practical ideas</i>	Wolfelt, Alan D. PhD. (Companion Press, 1999)	For families, friends and caregivers who want practical, day-to-day "how-to's" for helping grieving children they love.		155.9 W
<i>Healing the Bereaved Child</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 1996)	By comparing grief counseling to gardening, the author suggests caregivers embrace a more holistic view of the necessary process of grief.		155.9 W
<i>Heaven's Not a Crying Place</i>	O'Connor, Joey (Fleming H. Revell, 1997)	The author shows how to teach your child to trust God and celebrate life and to deal with, learn from, and have hope in the face of death.	Religious	248.8 O
<i>Helping Children Cope with Death: guidelines and resources</i>	Wass, Hannelore & Charles Corr (Hemisphere Publishing Corporation, 1984)	Focuses on the special needs of grieving children, offers guidelines for effective helping, and lists helpful resources.		155.9 W
<i>Helping Children Cope: mastering stress through books and stories</i>	Fassler, Joan (The Free Press, 1978)	How books and stories can be used to help children grow, to help reduce fears and anxieties, and to initiate open honest communication between children and adults.		16.3 F
<i>Helping Children Grieve & Grow</i>	O'Toole, Donna (Compassion Press, 1998)	A booklet designed for you to use to learn more about how children experience loss and grief and what you as an adult can do to help children through this time.		vf
<i>Helping Children Grieve: when somebody they love dies</i>	Huntley, Theresa (Augsburg Fortress, 1991)	Shows how children at various ages understand death and offers positive ways for parents and other caring adults to help them grieve.		155.9 H
<i>Helping Children Understand</i>	Lindberg, Carol (American Cancer Society, 1986)	This booklet outlines steps that parents diagnosed with cancer can take to help their children understand what's happening throughout the illness and treatments.	Cancer	vf
<i>Helping the Grieving Student: a guide for teachers</i>	Dougy Center, The (1998)	Addresses issues that arise in the classroom after a death impacts a student, a classroom or a school. Includes practical tips and step-by-step information on what to say and do.	School Resources	155.9 D
<i>Home Care For The Dying Child: professional and family perspectives</i>	Martinson, Ida Marie, Ph.D., R.N., ed (Appleton-Century-Crofts, 1976)	"The intent of this book is to share the knowledge and experience of a variety of concerned individuals involved in the care of children facing death."	Terminally Ill Children	649.8 M

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<i>How Do We Tell the Children?: a parents' guide to helping children understand and cope when someone dies</i>	Schaefer, Dan and Christine Lyons (Newmarket Press, 1986)	Provides the straightforward, uncomplicated language that will explain the facts of death to children from two-year-olds to teenagers.		155.9 S
<i>How To Help Children Through A Parent's Serious Illness: supportive, practical advice from a leading child life specialist</i>	McCue, Kathleen (St. Martin's Griffin, 2011)	Explores the major issues and developments from the last decade that affect children today, including the dangers and opportunities of the Internet, a deeper understanding of how hereditary diseases affect children, the impact of the nation's explosive growth in single-parent families, and new insights into how family trauma and a parent's mental illness may affect children.		649.1 M
<i>How To Say It To Your Kids</i>	Coleman, Dr. Paul (Prentice Hall Press, 2000)	Offers wise comments and effective comebacks to help today's busy and beleaguered parents answer questions, encourage dialogue, explore feelings, and teach values. Each chapter consists of practical, how-to advice based on various scenarios, "Smart Talk" sidebars-new insights to the issues important to parents, and helpful "Rules of Thumb--"short but sweet tips.		649.1 C
<i>If Daddy Loved Me, Why Did He Leave Me?</i>	Dalke, David (Centering Corporation, 1994)	Pamphlet. For parents and families caring for children after one parent has committed suicide.	Helping Children / Suicide	vf
<i>If I Die & When I Do: exploring death with young people</i>	Sternberg, Franki (Prentice-Hall, Inc., 1980)	A teacher's experience in pioneering courses on death and dying for junior students.		155.9 S
<i>Keys To Helping Children Deal With Death And Grief</i>	Johnson, Joy (Barron's Educational Series, 1999)	An outstanding book to help parents explain the idea of death in ways that are understandable to children. Includes sections on the process of grief and ways to help children cope with loss.		155.9 J
<i>Kids Worry Too</i>	Nebraska Health System	Helps parents and caregivers recognize and understand some of the reactions and concerns children may have when a family member is hospitalized and also provides some suggestions on helping children understand and cope.		vf
<i>Lean On Me Gently: helping the grieving child</i>	Manning, Doug (In-sight Books, 1998)	Excellent for parents who want to help their children grieve while grieving themselves. Includes all the information about children and grief, plus includes tools and resources.		155.9 M
<i>Learning to Say Good-by</i>	LeShan, Eda J. (Macmillan Publishing Co., Inc., 1976)	Discusses the questions, fears and fantasies many children experience when a parent or someone close to them dies.		155.9 L
<i>Life & Loss: a guide to help grieving children</i>	Goldman, Linda (Accelerated Development, 1994)	A guide for parents, educators, clergy and health care professionals to handle children's loss and grief issues. Includes bibliographical references and index.		155.4 P

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<i>Living with Death</i>	Bisignano, Judith, O.P., Ed.D. (Kino Publications, 1984)	Adults must play a significant role in assisting children to live with death. The most important thing adults can do is help children understand and accept their feelings. This is a workbook.		vf
<i>Living With Death And Dying</i>	Kubler-Ross, Elisabeth (Macmillan Publishing Co., Inc., 1981)	The subject of children and death made comprehensible to parents, relatives, doctors, nurses, social workers, and everyone else concerned.		155.9 K
<i>Living with Grief: children, adolescents, and loss</i>	Doka, Kenneth J., ed. (Hospice Foundation of America, 2000)	A compilation of writings each dealing with how we can better help children and adolescents cope with grief and loss, including pieces written by grieving children themselves.		155.9 D
<i>Loss That Is Forever, The: the lifelong impact of the early death of a mother or father</i>	Harris, Maxine, Ph.D. (Dutton, 1995)	"A thoughtful and moving framework for understanding the impact that early loss has on every aspect of adult growth and development."	Death of a parent	155.9 H
<i>Love Letters</i>	Sanford, Doris (Multnomah Press, 1991)	For adults who know children with major hurts, this book provides a model for support and comfort. It also gives helpful advice about helping kids experiencing difficult situations such as death, divorce, abuse, etc.		305.23 S
<i>Magical Thoughts Of Grieving Children, The</i>	Fogarty, James (Baywood Publishing, 2000)	Treating children with complicated mourning and advice for parents. This study on magical thought offers interactive healing techniques, correcting distorted death stories, prescribed therapy, and uniting parents to assist grieving children.		155.9 F
<i>Never The Same: come to terms with the death of a parent</i>	Schuurman, Donna (St. Martin's Press, 2003)	Using thoughtful self-assessments and examples, this book persuades readers that grief must be reprocessed at every stage of life. First, it invites readers to look backward, examining their reactions and coping strategies at the time of their parent's death. Moving into the present, it asks, what meaning do you make of your parent's death as an adult? The author details the high cost of unresolved grieving, including depression, anxiety, pessimism, underachievement, and troubled relationships. She then outlines suggestions for dealing with the legacy of a parent's death and choosing healthy traditions for remembering.	Death of a Parent	155.9 S
<i>Never Too Young to Know: death in children's lives</i>	Silverman, Phyllis Rolfe (Oxford University Press, 2000)	This book bring together diverse fields of study and offer a practical as well as multifaceted theoretical approach to how children cope with death. Using stories of children's own experiences supported by data from a large research study, Silverman explains the wide range of effects of loss upon children, the challenges they face as they grieve, and ways of supporting them as they change and grow in the bereavement process.		155.9 S
<i>On Children and Death</i>	Kubler-Ross, Elisabeth (Macmillan Publishing Company, 1983)	Describes the difficulties parents with dying children must face; offers loving and practical help in handling these crises.	Children Dying	155.9 K

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<i>Preparing the Children: information and ideas for families facing terminal illness and death</i>	Nussbaum, Kathy (Kathy Nussbaum, 1998)	Information children need to know during the illness, during the death, and what children need to heal from their loss. Information how children can express themselves, learn about integrating death into their lives and search for new meaning	Cancer	616.9 N
<i>Private Worlds of Dying Children, The</i>	Bluebond-Langner, Myra (Princeton University Press, 1978)	Analyzes the behavior of leukemic children aged 3-9	Leukemia Cancer	616.9 B
<i>Should the Children Know?</i>	Rudolph, Marguerita (Schocken Books, Inc., 1978)	How the very young can and should be taught about death at school and at home. A resource for teachers of the young, as well as for their parents.		155.9 R
<i>Sibling Grief: how parents can help the child whose brother or sister has died</i>	Scherago, Marcia G. (Medic Publishing Co., 1987)	Practical suggestions for bereaved parents in helping their surviving children cope with grief.	Death of a sibling	vf
<i>Supporting Children And Teens Through Grief And Loss: a guide for schools</i>	Center for Grieving Children, The (1999)	A reader friendly guide to helping children. Includes: supporting grieving children and teens, signs of grief in children and teens, what you can do, teachable moments, and taking care of yourself. Information that will help schools when a death in the classroom occurs.		vf
<i>Talking About Death and Bereavement in School: how to help children age 4 to 11 to feel supported and understood</i>	Chadwick, Ann (Jessica Kingsley Publishers, 2012)	This short, easy to read book offers simple but important advice and guidance for school teachers and staff on what to do when a child is grieving. It includes advice on explaining death to children, insights into how children may be feeling and how they may react, and ways in which they can be supported. The book also covers how bereavement can affect a child and how it can affect the whole school in the case of a death of a pupil or staff member.	School Resources	155.9 C
<i>Talking About Divorce and Separation</i>	Grollman, Earl A. (Centering Corporation, 2005)	Explaining divorce and separation to children is difficult. This book gives helpful advice on how to talk about you and your spouse walking separate paths. Includes a storybook section for children and adults to read together. Following is a section for parents to use to open up communication between parent and child.	Divorce	306.89 G
<i>Talking With Children About Loss: words, strategies, and wisdom to help children cope with death, divorce, and other difficult times</i>	Trozzi, Maria (Perigee, 1999)	Through stories and thoughtful analysis, Maria explains how to handle the difficult job of talking with children and adolescents about loss. Includes information about divorce, Death of a Pet, death of a family member, the disabling of a sibling and more.		155.9 T

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<i>Teacher's Guide to the Grieving Student, A: guidelines and suggestions for school personnel Grades K-12</i>	Hospice of Lancaster County (Hospice of Lancaster County, 1995)	Differentiates the type of loss, ages and grieving styles plus 42 simple guidelines to help you.	School Resources	vf
<i>Unspoken Grief: coping with childhood sibling loss</i>	Rosen, Helen (Lexington Books, 1986)	An overview of the basic issues; children's comprehension of death, the phenomenon of childhood bereavement, and parental loss.	Death of a sibling	155.9 R
<i>What Does That Mean?</i>	Smith, Harold Ivan & Joy Johnson (Centering Corporation, 2006)	A dictionary of death, dying, and grieving terms for grieving children and those who love them. Gives parents suggestions on how to talk with children about death and dying.		jREF
<i>What Will I Tell the Children?</i>	Bell, Jacque & Linda Esterling (American Cancer Society, 1986)	A helpful guide for parents about how to talk to children about death and grief when someone loved has died.		vf
<i>When A Child You Love is Grieving</i>	Smith, Harold Ivan (Beacon Hill Press, 2004)	Widely recognized grief specialist, Harold Ivan Smith, gives practical steps you can take to ensure that a grieving child receives the necessary, healthy outlets needed during the loss of a loved one. If you are the parent, relative, or friend of a grieving child, you can learn to give that child the support he or she needs to survive.		248.8 S
<i>When Your Child Loses a Loved One</i>	Huntley, Theresa (Augsburg, 2001)	Death is hard enough for adults to accept. For children, the experience of loss can be overwhelming. In this concise, practical guide, grief counselor Huntley offers principles for helping children of all ages understand death, work through predictable "tasks of grieving," and take steps toward healing and acceptance.		155.9 H
<i>Where Has Grandpa Gone?: helping children cope with grief and loss</i>	Kopp, Ruth (Zondervan Publishing House, 1983)	Covers a wide range of questions and concerns to help us guide children through trials and time of loss.	Death of a grandparent	155.9 K
<i>Adolescence and Death</i>	Corr, Charles A., Ph.D. (Springer Publishing Company, 1986)	Guidelines for assisting adolescents presently struggling with the difficult issues of dying, death and bereavement.		155.9 C
<i>Child's View of Grief, A</i>	Wolfelt, Alan D., Ph.D. (Center for Loss and Life Transition, 1991)	The author explains how children and adolescents grieve after someone loved dies. For adults who want to help.		155.9 W

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<i>Healing The Hurt, Restoring The Hope</i>	Marta, Suzy Yehl (St. Martin's Press, 2003)	Even if children or teenagers you love appear to be doing "just fine" after a loss, the truth is, they may be suffering in silence. They may not even know they need your help. Now with the trusted guidance of founder and president Suzy Yehl Marta, you will discover the most effective advice, stories, and techniques from RAINBOWS' worldwide grief programs. Suzy's simple, straightforward, refreshing style makes helping a child both easy and effective. Her approach works to keep misperceptions, isolation, and sadness from permanently affecting the important children in your life.		155.9 M
<i>Living With Grief: children and adolescents</i>	Doka, Kenneth J. (Hospice Foundation of America, 2008)	Discusses various issues that children and adolescents face before, during, and after the death of a loved one. Also touches on the dying child. Topics that are discussed include developmental perspectives, children's hospice care, sibling loss, loss of a parent, loss of a friend, and loss experienced by military children. Therapeutic interventions are also included in this book.		155.9 D
<i>Helping Teens Cope With Death</i>	Dougy Center, The (The Dougy Center, 2004)	Learn how a death of a loved one can impact a teen, and how to help. Explains common grief reactions of teenagers, specific challenges grieving teenagers face, when to seek professional help, and advice from other parents.		155.9 D