

Hamilton's Academy of Grief & Loss

Anticipatory Grief Bibliography

Lee Hamilton Memorial Grief Lending Library

Located at 3601 Westown Parkway, West Des Moines, Iowa

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>A Time to Live, A Time to Die: important concerns when death draws near</i>	Ash, Beatrice M.A. (Augsburg Fortress, 1993)	With warmth and compassion, the author highlights seven concerns that she has found to be important to people who are nearing life's end.		248.8 A
<i>And a Time to Live</i>	Cantor, Robert Chernin (Harper & Row, 1978)	"...Insights concerning relationship patterns, validates individual differences and provides practical advice for many of the painful family problems associated with cancer."	Cancer / Historical	616.9 C
<i>Autobiography Of Dying</i>	Hanlan, Archie J. (Double Day & Company, Inc. 1979)	The author's account of his courageous fight against an incurable, progressive illness, amyotrophic lateral sclerosis, known as "Lou Gehrig's Disease."	Lou Gerig's Disease / Historical	B H
<i>Caring For The Patient With Cancer At Home: a guide for patients and families</i>	American Cancer Society (American Cancer Society, 2000)	Deals with the physical as well as emotional aspects of terminal illness. A very practical guide for caregivers.	Cancer	362.1 A
<i>Caring For Your Aged Parents</i>	Grollman, Earl A. (Beacon Press, 1978)	Written with the hope that you will understand your own reactions even as you try to comprehend your parents' needs.	Aging Parents / Historical	301.42 G
<i>Chicken Soup for the Soul: Living with Alzheimer's & Other Dementias</i>	Newmark, Amy & Geiger, Angela T. (Chicken Soup for the Soul Publishing, 2014)	Alzheimer's disease and other forms of dementia affect millions of people, and this book is especially for caregivers. This collection, a joint project with the Alzheimer's Association, is filled with 101 stories of love and lessons from others like you, will support and encourage you as you care for your loved one.	Alzheimer's Disease	810.8 N
<i>Companioning The Dying: a soulful guide for caregivers</i>	Yoder, Greg (Companion Press, 2005)	If you work with the dying in your career or as a volunteer, or if you are a family member or friend to someone who is dying, this book presents you with a caregiving philosophy that will help you know how to respond, and what to do with your own powerful emotions.	Religious	242 Y
<i>Companioning You: a soulful guide to caring for yourself while you care for the dying and the bereaved</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 2012)	Bereavement care is draining work, and remaining empathetic to the painful struggles of the mourners and dying they serve makes caregivers highly susceptible to burnout. But if you make compassionate self-care a priority, not only will your life be richer and more joyful, you will be a more effective caregiver to others. Let this book show you how to have balance in your life and in your work.	Professional	155.9 W

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<i>Coping with Cancer</i>	Weisman, Avery D. (McGraw-Hill Book Company, 1979)	Describes the nature of coping as it has been observed in cancer patients and relates these findings to some principles for action aimed toward helping people to achieve completeness in their lives.	Cancer / Historical	616.9 W
<i>Creating Moments of Joy: Along the Alzheimer's Journey</i>	Brackey, Jolene (Purdue University Press, 2017)	Jolene Brackey has a vision: that we will soon look beyond the challenges of Alzheimer's disease to focus more of our energies on creating moments of joy. The edition is filled with more practical advice sprinkled with hope, encouragement, new stories, and generous helpings of humor.	Alzheimer's Disease	362.1 B
<i>Daddy: NICU</i>	Special Care Parents Support Group (Centering Corporation, 1988)	A visit between Dads whose babies are in the NICU.	NICU	vf
<i>Death And Dying: current issues in the treatment of the dying person</i>	Pearson, Leonard, ed. (Case Western Reserve University Press, 1969)	Five prominent clinicians and scientists examine the psychological, sociological, and physical aspects of death.	Professional / Historical	616.07 P
<i>Death And Dying: principles and practices in patient care</i>	Benton, Richard G. (Van Nostrand Reinhold Company, 1978)	Dr. Benton describes the 6 stages of grief and the feelings of guilt, rejection, isolation, and fear that may accompany it.		616.07 B
<i>Death of Ivan Ilych And Other Stories, The</i>	Tolstoy, L. (Oxford University Press, 1960)	Recommended for its exposition of the psychosocial environment in which the dying patient is immersed.	Historical	891.7 T
<i>Do Not Go Gentle</i>	Howe, Herbert M. (W.W. Norton & Company, 1981)	The author found that his decision to attack his disease rather than "go gently into that good night," had not only saved him but also changed him dramatically for the better.	Cancer	B H
<i>Don't Be Afraid To Die</i>	Hunt, Gladys M. (Zondervan Publishing House, 1971)	Provides consolation for the bereaved and for those facing death.	Historical	155.9 H
<i>Dying And The Bereaved Teenager, The</i>	Morgan, John D., Ph.D., ed. (The Charles Press Publishers, Inc., 1990)	Discusses the feelings and needs of dying child, effect of death on siblings, and how development is affected by loss.	Dying Children and Teens	155.9 M
<i>Eric</i>	Lund, Doris (Dell Publishing Company, Inc., 1974)	The story of a 17 year old's fight against leukemia as told by his mother.	Historical	B L
<i>Final Gifts: understanding the special awareness, needs and communications of the dying</i>	Callanan, Maggie (Poseidon Press, 1992)	Teaches "how to listen to the dying, how to understand and accept what they wish or need to share."		155.9 C

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<i>Final Season, The</i>	Hagley, Norman, D.Min. (Centering Corporation, 1986)	A book of prayers for people facing death.	Religious	vf
<i>From The Heart Of A Bear</i>	Zimmerman, JoAnn (Lazarus Publishing, 2005)	True stories of the faith and courage of children facing life-threatening illnesses.	Religious	155.9 Z
<i>Ginny A Love Remembered</i>	Artley, Bob (Iowa State University Press, 1993)	The authors memoir of life with his beloved Ginny and the battle with Alzheimer's that consumed her. From their first meeting in 1943 or Ginny's final home in a care facility, Artley recounts his story of their marriage, family and careers, came the undeniable evidence of Ginny's mental decline. Faced with the pain and confusion of Ginny's illness, Artley and his family had to learn to cope with the grim details and long good-bye of Alzheimer's disease.	Alzheimer's Disease	362.1 A
<i>Goldfish Went on Vacation, The: a memoir of loss</i>	Dann, Patty (Trumpeter Books, 2007)	Patty Dann had been married almost 10 years to her husband when he was suddenly diagnosed with a fatal brain cancer. In this memoir, Dann explains how the plans they'd made would abruptly come to an end. Worse, Dann had no idea how she'd explain to their three-year-old son. Dann discusses coping with daily challenges, the sorrow, and the uncertainty, as well as embracing the surprising moments of beauty and acceptance.	Death of a Partner	B 813.54 D
<i>Grief Undone: A journey with God and cancer</i>	Groves, Elizabeth W. D. (New Growth Press, 2015)	This story is about a family's journey through – and beyond – terminal cancer. For the Groves family, faith in God and an awareness of his care played a pivotal role as they faced Al's death, processed their deep grief, and gradually moved forward. Without sugarcoating the pain of grief, the book offers hope and healing to all who are facing the shadow of death.	Cancer / Religious	362.196 99 G
<i>Healing A Friend Or Loved One's Grieving Heart After A Cancer Diagnosis</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 2014)	This empathetic guide will help you be a compassionate cancer companion before, during, and after treatment. Whether the person with cancer is a friend or a family member, it will help you understand his or her physical, emotional, social, cognitive, and spiritual needs, and give you tips and encouragement for reaching out and being a steadfast, loving presence.	Cancer	155.9 W
<i>Healing Your Grieving Heart After A Cancer Diagnosis</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 2014)	This empathetic guide will help you understand and express your many difficult thoughts and feelings before, during, and after treatment. It will help you take care of yourself physically, emotionally, socially, cognitively, and spiritually. It will also help you find ways to experience peace and joy throughout your journey.	Cancer	155.9 W
<i>Heart Transplant: a story of life, love, and friendship</i>	McDonald, Patrick J. (Publish America, 2010)	A man, facing the trials and tribulations of a heart transplant, rediscovers life with a friend as they explore questions of life, love, and friendship in both Jewish and Christian traditions..	Organ Donors / Religious	B Mc

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<i>Help Me Live: 20 things people with cancer want you to know</i>	Hope, Lori (Celestial Arts, 2005)	When we hear that someone close to us has been diagnosed with cancer, we want nothing more than to comfort them with words of hope, support, and love. But sometimes we don't know what to say or do and don't feel comfortable asking. With sensitive insights and thoughtful anecdotes.	Cancer	616.9 H
<i>Home Care: living with dying</i>	Prichard, Elizabeth R., ed. (Columbia University Press, 1979)	Home care involves many dimensions. . . the ultimate goals are an atmosphere of comfort and the maintenance of social participation within the home of a dying patient.	Professional / Historical	362.1 P
<i>Hospice Movement, The: a better way of caring for the dying</i>	Stoddard, Sandol (Stein and Day, Publishers, 1978)	Case histories and personal experience; as a volunteer, the author presents specific information on patient care, medication techniques, funding, staffing, administration, home care programs, and architectural requirements for inpatient units.	Professional / Historical	616 S
<i>How We Die, Reflections on Life's Final Chapter</i>	Nuland, Sherwin B. (Alfred A. Knopf, 1993)	Offers a portrait of the experience of dying that makes clear the choices that can be made to allow each of us his or her own death.		616.07 N
<i>Into The Light: a simple way to pray with the sick and dying</i>	DelBene, Ron (The Upper Room, 1988)	The author shows us how, through our concern, our compassion, and our prayers we can comfort the dying and help guide them toward the light of risen life.		242 D
<i>Jean's Way</i>	Humphry, Derek (Quartet Books, Inc., 1978)	Humphry depicts his empathy with his wife's pain from cancer, his own anticipatory grief and how he helped her to die.	Death of a Partner	362.1 H
<i>Keeping Love Alive as Memories Fade: The 5 Love Languages and the Alzheimer's Journey</i>	Barr, Deborah & et. al. (Northfield Publishing, 2016)	This book gives innovative application of the five love languages creates an entirely new way to touch the lives of the five million Americans who have Alzheimer's, as well as their fifteen million caregivers. At its heart, this book is about how love gently lifts a corner of dementia's dark curtain to cultivate an emotional connection amid memory loss.	Alzheimer's Disease	616.8 B
<i>Last Lecture, The</i>	Pausch, Randy (Hyperion, 2008)	When Randy Pausch, a computer science professor at Carnegie Mellon, was asked to give such a lecture, he didn't have to imagine it as his last, since he had recently been diagnosed with terminal cancer. But the lecture he gave--"Really Achieving Your Childhood Dreams"--wasn't about dying. It was about the importance of overcoming obstacles, of enabling the dreams of others, of seizing every moment (because "time is all you have...and you may find one day that you have less than you think"). It was about living. In this book, Randy Pausch has combined the humor, inspiration and intelligence that made his lecture such a phenomenon and given it an indelible form.		B P

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<i>Living With Dying</i>	Davidson, Glen W. (Augsburg Publishing House, 1975)	Will help guide and support the family and friends of seriously ill patients.	Historical	155.9 D
<i>Living With Grief: before and after the death</i>	Doka, Kenneth, ed. (Hospice Foundation of America, 2007)	This book is filled with excellent chapters that bring us up to date with the most current information on both pre-death and post-death interventions. These experts tell us what we currently know and point us in the direction of what we still need to investigate.		155.9 D
<i>Living with Grief: ethical dilemmas at the end of life</i>	Doka, Kenneth, et. al., ed. (Hospice Foundation of America, 2005)	Written and edited by some of the nation's leading authorities on ethics and end-of-life care, this book explores a range of issues – including pediatric hospice, historical, religious, spiritual and cultural perspectives of the end of life, hospice in nursing homes, surrogate decision making, physician assisted suicide, organ donation and our society's legal tenants of end-of-life-care.	Professional	362.1 D
<i>Living Your Dying</i>	Keleman, Stanley (Random House, 1974)	The author is trying to say that dying need not be fearful or painful, either socially or psychologically.	Historical	128.5 K
<i>Make Today Count</i>	Kelly, Orville E. (Delacorte Press, 1975)	The author's personal account of his battle with cancer.	Historical	362.1 K
<i>Monday Morning Connection</i>	Mars, Jackie	A story about a woman's journey battling ovarian cancer. This biography speaks about the strong connections made with others and the weekly emails she sent to her friends filled with encouraging words of hope and strength from scripture.	Ovarian Cancer	B M
<i>Near Life's End: what family and friends can do</i>	DelBene, Ron (The Upper Room, 1988)	A book created to help people share more deeply with those who are sick or dying.		vf
<i>New Meanings Of Death</i>	Feifel, Herman, Ph.D. (McGraw-Hill Book Company, 1977)	Effective treatment of the dying person and his or her family, educating the child for death and our striving for self-esteem and power, impact of the idea of death on the law, and the role of grief in mental health.		128.5 F
<i>On Death and Dying</i>	Kubler-Ross, Elisabeth (Macmillan Publishing Co., Inc., 1969)	Reveals the beneficial changes that can occur of the dying person is not isolated and avoided, but instead invited to share his experiences with someone who can listen.	Historical	128.5 K
<i>Passing On: the social organization of dying</i>	Sudnow, David (Prentice-Hall, Inc., 1967)	Explores dying and death as they concern the staff members of two large hospitals.	Professional / Historical	616.07 S

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<i>Proceedings: death and attitudes toward death</i>	Day, Stacey B., M.D., Ph.D., D. Sc., ed. (Bell Museum of Pathology, 1972)	A transcript of discussions which took place at a symposium.	Historical	616.07 D
<i>Questions And Answers On Death And Dying</i>	Kubler-Ross, Elisabeth (Macmillan Publishing Co., Inc., 1974)	Sequel to <u>On Death and Dying</u> ; consists of the most frequently asked questions and Dr. Kubler-Ross's answers.	Historical	616 K
<i>R.V.H., The Manual Of Palliative/Hospice Care</i>	Ajemian, Ina, ed. (Arno Press, 1980)	A professional resource book for palliative/hospice care.	Professionals	616 A
<i>Rejoicing in Lament: Wrestling with incurable cancer & life in Christ</i>	Billings, J. Todd (Brazos Press, 2015)	At 39, theologian Billings was diagnosed with incurable cancer. The questions were acute: Why me? Why now? Where is God in all of this? This eloquently written book shares Billing's journey and reflections on providence, lament, and life in Christ in light of illness.	Cancer / Religious	248.8 B
<i>Smiling Through Your Tears: anticipating grief</i>	Hodgson, Harriet (BookSurge Publishing, 2005)	This is a self-help book for anyone who is going through anticipatory grief - early grief before a death or dreaded event has occurred. It is packed with coping tips and 114 Healing Steps which lead the reader to his or her healing path.		155.9 H
<i>Someone You Love is Dying</i>	Shepard M.D., Martin (Harmony Books, 1975)	Offers specific details involved in preparing for death, ways of minimizing fear and grief and provides a forum in which people share their first-hand experiences with death.		155.9 S
<i>Suicide After Sixty: the final alternative</i>	Miller, Marv, Ph.D. (Springer Publishing Company, 1979)	"Elucidates the experiences of aging that create a line of unbearability and tragically lead many of our older citizens to cross that line."	Suicide / Historical	618.9 M
<i>Thirty-Six (36) Hour Day, The: A family guide to caring for people who have Alzheimer's Disease, related dementias, and memory loss</i>	Macy, Nancy L. & Rabins, Peter V. (The John Hopkins University Press, 2011)	An essential resource for families who love and care for people with Alzheimer disease. Whether a person has Alzheimer disease or another form of dementia, he or she will face a host of problems. The 36-Hour Day will help family members and caregivers address these challenges and simultaneously cope with their own emotions and needs.	Alzheimer's Disease	362.1 M
<i>To Die with Style</i>	McCoy, Marjorie Casbier (Abingdon Press, 1974)	Deals with the need to be aware of our natural fear of death, our anxiety, our will to live and the foretastes of death in the midst of life.	Historical	155.9 M
<i>Until Tomorrow Comes</i>	Kelly, Orville E. (Everett House, 1979)	Contains all that Mr. Kelly has learned about cancer and how to live with it. The author is founder and president of the national organization "Make Today Count."	Cancer / Historical	362.1 K

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<i>Walking Through the Fire</i>	Lee, Laurel (Bantam Books, 1978)	At thirty, Laurel Lee discovered she had Hodgkin's disease – an agonizing illness that could take her life and her baby's as well. Refusing to give up, she learned to overcome the pain with humor and faith, and began to write this remarkable journal of her feelings and experience.	Hodgkin's Disease / Historical	B L
<i>What Dying People Want: practical wisdom for the end of life</i>	Kuhl, David M.D. (PublicAffairs, 2002)	Heart-wrenching personal stories are intertwined with practical suggestions, and specific instances are frequently used to illustrate techniques, processes, and the importance of telling your story, rather than assuming your family already knows it. Kuhl focuses particularly on coming to terms with one's past. Discussions of family histories, lifelong priorities, and difficult choices are emphasized as tools for making peace among family members and with one's own conscience.		155.9 K
<i>When it Gets Dark: an enlightened reflection on life with Alzheimer's</i>	DeBaggio, Thomas (Free Press, 2003)	Charting the progression of his own disease with breathtaking honesty, DeBaggio deftly describes the frustration, grief, and terror of grappling with his deteriorating intellectual faculties. Even more affecting, the prose itself masterfully represents the mental vicissitudes of his disease--DeBaggio's fragments of memory, observation, and rumination surface and subside in the reader's experience much as they might in his own mind. His frank, lilting voice and abundant sense of wonder bind these fragments into a fluid and poetic portrait of life and loss.	Alzheimer's Disease	B362.1 D
<i>When Someone In Your Family Has Cancer</i>	US Department of Health & Human Services (National Cancer Institute, 1992)	For children of all ages. An excellent booklet for children wishing to understand more about cancer. Specifically addresses the issues a child may face when a family member has been diagnosed with cancer.	Cancer	vf
<i>When Someone You Love Has Alzheimer's: the caregiver's journey</i>	Grollman, Earl A. & Kenneth S. Kosik, M.D. (Beacon Press, 1996)	Provides emotional support and answers to vital questions: How is Alzheimer's diagnosed and treated? How should I handle my loved one's strange behavior? How can I balance my loved one's needs with my own? Includes a list of resources.	Alzheimer's Disease	362.1 G
<i>When You're Ill Or Incapacitated/When You're The Caregiver</i>	Miller, James E. (Willowgreen Publishing, 1995)	Two books in one. Twelve suggestions to help someone who is sick, injured or otherwise disabled and twelve suggestions for the caregiver.	Professional	362.1 M
<i>When Your Loved One is Dying</i>	Grollman, Earl A. (Beacon Press, 1980)	Helps you make the important decisions that will allow your loved one to face death with courage and dignity – and you to continue living a full life.		155.9 G
<i>Why Mine?</i>	Johnson, Joy & Dr. S.M. and Billy Williams (Centering Corporation, 1981)	For parents whose child is seriously ill. Quotes from parents all across the country with seriously ill children. Addresses fears, feelings, marriage, the ill child and other children.	Seriously Ill Child	vf

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<i>Your Aging Parents: reflections for caregivers</i>	Grollman, Earl A. & Sharon Grollman (Beacon Press, 1997)	Father and daughter explore ways to communicate with and care for aging parents while finding the support you need to adjust to new responsibilities and roles.	Aging Parents	306.874 G