

Hamilton's Academy of Grief & Loss

General Adult Bibliography

Lee Hamilton Memorial Grief Lending Library

Located at 3601 Westown Parkway, West Des Moines, Iowa

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>A Time To Mourn, A Time To Dance: help for the losses in life</i>	Metzgar, Margaret (Aid Association for Lutherans, 1995)	Explores many types of significant losses which cause grief: death, divorce, unemployment, etc. Coping strategies which help lessen pain and promote healing.	All Loss	157 M
<i>ABC's Of Healthy Grieving: a companion for everyday coping</i>	Smith, Harold Ivan (Leathers Publishing, 2001)	Offers simple, realistic advice on how to live with grief day to day. Each reflection encourages healthy grieving and new ways of being in the world after experiencing profound loss.		155.9 S
<i>ABC's Of Healthy Grieving: light for a dark journey</i>	Smith, Harold Ivan (Shawnee Mission Medical Center Foundation, 2001)	A book for both those who are grieving and those who wish to be helpful to grievers. Gives practical suggestions as well as thoughtful insights for one's grief journey.	Professional	155.9 S
<i>Accompanying Them With Singing: the Christian funeral</i>	Long, Thomas (Westminster John Knox Press, 2009)	An essential guide for understanding, planning, and conducting meaningful and theologically sound funerals.	Funeral Rites	265.85 L
<i>After Goodbye</i>	Menten, Ted (Running Press, 1994)	A heartfelt and practical guide about what you can do after the death of someone loved.		155.9 M
<i>Afterwords: helping yourself heal</i>	Wolfelt, Alan D., Ph.D. (Center for Grief and Loss)	This booklet discusses the grief journey, how mourning can physically and emotionally affect you and discusses various ways to help yourself heal. <i>(available in Spanish)</i>		vf
<i>All Our Losses, All Our Grievs: resources for pastoral care</i>	Mitchell, Kenneth R. (The Westminster Press, 1983)	"...describes grief as a normal reaction to significant loss that is first experienced at birth and repeated continually throughout life, although it is often unrecognized and unattended,"	Religious / Professional	253.5 M
<i>Angel Letters, The: lessons that dying can teach us about living</i>	Fried, Norman J. Ph.D. (Ivan R. Dee, 2007)	Psychologist Norman J. Fried's letters, written after their deaths to a number of his most memorable patients, surely served as a catharsis for him, a means of venting pent-up grief. Compiled, they iterate the life affirmations of the children he came to know and admire over the years. Each poignantly written missive points a hauntingly hopeful lesson--in friendship, as friends and family gather on the anniversary of Emily's passing; in love, as a young woman's family mounts an impromptu wedding, complete with gown and flowers; and in other essentials for living.		155.9 F
<i>Apparition & Late Fictions</i>	Lynch, Thomas (W.W. Norton & Company, Inc., 2010)	From the award-winning author of "The Undertaking" comes this debut fiction collection of heart-rending stories of life and death.		813.54 L

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Art of Dying, The</i>	Neale, Robert E. (Harper & Row, Publishers, 1971)	...the focus is our own death, the intent throughout is exploration of our own living.		128.5 N
<i>As I Lay Dying</i>	Faulkner, William (Vintage Books, 1985)	Faulkner's distinctive narrative structures--the uses of multiple points of view and the inner psychological voices of the characters--in one of its most successful incarnations here in <i>As I Lay Dying</i> . In the story, the members of the Bundren family must take the body of Addie, matriarch of the family, to the town where Addie wanted to be buried. Along the way, we listen to each of the members on the macabre pilgrimage.		605 F
<i>Attachment and Loss, Volume I: attachment</i>	Bowlby, John (Basic Books, Inc., Publishers, 1969)	Examines the child's tie to the mother and also explains why this vital relationship is so crucial to the development of the child's personality.	Professional	136.7 B
<i>Attachment And Loss, Volume II: separation, anxiety and anger</i>	Bowlby, John (Basic Books, Inc., Publishers, 1973)	Examines the effect of separation on the development of the child and the psychopathology that often follows separation.	Professional	136.7 B
<i>Attachment and Loss, Volume III: loss: sadness and depression</i>	Bowlby, John (Basic Books, Inc., Publishers, 1980)	The author analyzes the effects of a death in the family on the lives of children and adults.		136.7 B
<i>Attitudes Toward Death And Funerals</i>	Marks, Amy Seidel & Bobby J. Calder (The Center for Marketing Sciences, 1982)	"This study examines how consumers think and feel about death and funerals, and updates a comparable study done in 1974 by the Casket Manufacturers of America."	Funeral Rites	381 M
<i>Autumn Passage</i>	Angerth, Renae (Renae Angerth, 2009)	A middle-aged daughter helps her parents take one last journey together. As they drive through the fall mountain colors and long stretches of western highways, she recalls treasured childhood memories, agonizes with her father over his daily struggles against cancer, and ultimately understands what is being passed on to her.	Cancer	155.9 A
<i>Baby Talk</i>	Hatcher, Dale & Kathleen Lehman (Centering Corporation, 1985)	For parents who are getting to know their special care baby. Helps parents in understanding their baby's personal capabilities and how parent and baby can work together to get to know one another.	Disabilities	vf
<i>Be Still, My Soul: embracing God's purpose & provision in suffering</i>	Guthrie, Nancy (Crossway, 2010)	When life becomes difficult, we set out on a search to find answers to significant questions: Why would God allow this to happen? What good could come out of this? What will it look like to trust him? This collection explores Scripture in regard to the causes and purposes of suffering, as well as what it means to trust God in the midst of hardship and pain.	Religious	248.8 G
<i>Bereavement Counseling: pastoral care for complicated grieving</i>	McCall, Junietta Baker (Haworth Pstoral Press, 2004)	This practical guide to the treatment of grief responses combines clinical and spiritual care. Topics addressed include universal grief processes and responses, dysfunctional grieving, therapies and treatment priorities, reorganization and recovery, the ways that perceptions, thoughts, and beliefs influence care, and more.	Professional	259.6 Mc

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Bereavement: reactions, consequences, and care</i>	Osterweis, Marian, ed. (National Academy Press, 1984)	A study of the factors that affect the bereavement process and its impact on general and mental health.		155.9 O
<i>Between Life and Death</i>	Kastenbaum PhD., Robert, ed. (Springer Publishing Company, 1979)	(The Springer series on death and suicide; v. 1) Includes bibliographical references and index.		155.9 K
<i>Beyond Sorrow: reflections on death and grief</i>	Montgomery, Herb and Mary (Winston Press, 1977)	This book contains reassuring words about the questions and feelings which strike us in both expected and unexpected moments....thoughts gathered to help sustain you in your time of grief.		242 M
<i>Biblical Perspectives on Death</i>	Bailey, Lloyd R., Sr. (Fortress Press, 1979)	Intended for all who sense in the reality of mortality a problem of meaning and who are interested in how some of their fellow human beings have grappled with it.	Religious	236.1 B
<i>Bibliography Of Books On Death, Bereavement, Loss And Grief From 1935-1968.</i>	Kutscher, Austin H., Jr., comp. (Health Sciences Publishing Corp., 1969)	A bibliography of books on death, bereavement, loss and grief from 1935-1968.	Professional	16.3 K
<i>Boob Girls, The</i>	Johnson, Joy (Grief Illustrated Press, 2009)	The Burned Out Old Broads At Table 12. Grab your latest AARP advertisement for a bookmark and join Maggie Pattern (sand hills rancher), Robbie Leary (retired English professor), Hadley Joy Morris-Whitfield (wealthy and wise), Mary Rose McGill (sweet Catholic girl) and Edith Ann (rescued Schnauzer) for a laugh-out-loud fun read and a look into relationships every mature woman wants and deserves.		418.00 7 J
<i>Caring For Donor Families Before, During And After</i>	Maloney, Raelynn, M.A. and Alan Wolfelt, Ph.D. (Companion Press, 2001)	This book gives great insight into the painful journeys of donor families and how to successfully companion them before, during and after the donation experience.	Organ Donors	362.1 M
<i>Catholic Funeral, A</i>	Rice, Patricia (Liguori Publications, 2005)	This book includes suggestions for virtually every aspect of a faith-filled funeral including Scripture readings, liturgical music, intercessory prayers, roles for family and friends, the wake service, and the committal service.	Funeral Rites	vf
<i>Choosing To See: a journey of struggle and hope</i>	Chapman, Mary Beth with Ellen Vaughn (Revell, 2010)	In Choosing to See, Mary Beth unveils her struggle to allow God to write the story of her life, both the happy chapters and the tragic ones. And as the story unfolds, she has been forced to wrestle with some of life's biggest questions. Where is God when things fall apart? Why does God allow terrible things to happen? How can I survive the hard times? No matter where you find yourself in your own life story, you will treasure the way Mary Beth shows that even in the hard times, there is hope if you choose to SEE.	Religious	270.09 C

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Closure: the rush to end grief and what it costs us</i>	Berns, Nancy (Temple University Press, 2011)	When it comes to the end of a relationship, the loss of a loved one, or even a national tragedy, we are often told we need "closure." But while some people do find closure for their pain and grief, many more feel closure does not exist and believe the notion only promises false hopes. Sociologist Nancy Berns explores these ideas and their ramifications in her timely book, <i>Closure</i> .		155.9 B
<i>Come Sweet Death</i>	Napier, Bunyan Davie (United Church Press, 1967)	The book of Genesis, in fresh and modern idiom, becomes as up-to-date as this morning's newspaper.	Religious	222 N
<i>Coming to Terms with Death</i>	Cutter, Fred (Nelson Hall, 1977)	An honest, frank confrontation of the problems and issues that we all must face in accepting illness, disability, and death as integral parts of living and being alive.	Before the Death	155.9 C
<i>Comforting the Bereaved</i>	Wiersbe, Warren W. (Moody Press, 1985)	"...deals with death and grief from a biblical and psychological perspective and offers practical advice to ministers on how to handle the grief situation and the funeral service."	Helping others	259.6 W
<i>Companioning the Bereaved: a soulful guide for caregivers</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 2002)	Whether you are an experienced grief counselor or a lay person interested in supporting others who mourn, this groundbreaking resource offers an energizing new way to think about your role as helper.	Professional	155.9 W
<i>Concerning Death: a practical guide for the living</i>	Grollman, Earl A., ed. (Beacon Press, 1974)	A clear and comprehensive guide to dealing with the facts and emotions of death. An indispensable guide to anyone called upon to help in the inevitable crisis it brings.		363 G
<i>Coping with Death & Grief</i>	Heegaard, Marte Eaton (Lerner Publications Company, 1990)	Discusses death as a natural occurrence, what happens when someone dies, and how to deal with feelings of loss and grief.		155.9 H
<i>Coping With Separation And Loss As A Young Adult: theoretical and practical realities</i>	LaGrand, Louis E. (Charles C. Thomas, Publisher, 1986)	"Drawing on the actual experiences of young adults (i.e. persons aged 17-24), this volume explores their reactions to separation and death and their methods for coping."		155.9 L
<i>Coping with Sorrow on the Loss of Your Pet</i>	Allen, Moira Anderson (Moira Anderson Allen, 2007, 2011)	A wonderful, helpful book filled with information and guidance. Treats this serious subject with sympathetic feelings. An excellent guide allowing us to understand that we are not alone with our grief. Anyone who has a pet should read it.	Death of a pet	155.9 A
<i>Cremation</i>	Irion, Paul E. (Fortress Press)	This book "is an effort to encourage discussion of cremation, to provide information about it and its implications and to foster a climate in community and church in which individuals and families will have a free choice in their selection of funerary practices."	Professional / Cremation	393 I
<i>Cremation and the Funeral Director</i>	Kubasak, Michael W. (Avalon Press, 1990)	A how-to book for funeral professionals helping families who desire cremation and the non-traditional funeral service.	Professional / Cremation	265 K

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<i>Day My Father Died, The</i>	Ajjan, Diana (Running Press 1994)	In this collection of essays, 25 women open their hearts and share their stories of how they have survived and even gathered strength from the loss of their fathers.	Death of a father	306.874 A
<i>Dead, The</i>	Joyce, James (Coyote Canyon Press, 2008)	"The Dead" is the final short story in the 1914 collection Dubliners by James Joyce. It is the longest story in the collection and is often considered the best of Joyce's shorter works. At 15,672 words it has also been considered a novella. It was made into a film in 1987, directed by John Huston, and into a musical in 1999 by Richard Nelson and Shaun Davey. Christopher Walken starred in the original production.		809.3 J
<i>Death & Dying: challenge and change</i>	Fulton, Robert et al., eds. (Addison-Wesley, 1978)	A comprehensive and balanced analysis of the issues and challenges pose by death and dying in modern society.		128.5 F
<i>Death And Burial In The Roman World</i>	Toynbee, J.M.C. (Cornell University Press, 1971)	An important aspect of social life for all peoples living under Roman rule or Roman influence in republican and imperial times.	Funeral Rites	937 T
<i>Death And Dying: opposing viewpoints</i>	Bender, David L. (Greenhaven Press, 1987)	Developed to help readers become more intelligent and discriminating consumers of information in our media-centered culture.		306.9 B
<i>Death and Eastern Thought: understanding death in Eastern religions and philosophies</i>	Holck, Frederick H., ed. (Abingdon Press, 1974)	Specialists in each field trace the history and development of the Eastern thought and tradition about death from the Vedic Period (3500 years ago) through current thought from philosophers such as Gandhi.		128.5 H
<i>Death and the Family: the importance of mourning</i>	Pincus, Lily (Random House, 1974)	It is the author's hope that our society may relearn that death is an essential part of life, and that free discussion of the processes of grief, mourning, and bereavement may contribute to a changed, more accepting attitude in the community.		155.9 P
<i>Death and the Life Hereafter</i>	Lockyer, Herbert C. (Baker Book House, 1975)	Dr. Lockyer treats immortality as the good news of the life to come. Based on Scripture, it shows how hearts can be elated now with the glorious thought of a future of inexpressible happiness in the life beyond.	Religious	236.2 L
<i>Death as a Fact of Life</i>	Hendin, David (Warner Paperback Library, 1973)	A realistic look at the legal, medical and emotional aspects of death.		155.9 H
<i>Death Is A Noun: a view of the end of life</i>	Langone, John (Little, Brown and Company, 1972)	Discusses the biological meaning of death, attitudes of the dying, survivors, and society toward death, and such related topics as euthanasia, abortion, murder, suicide, and immortality.		128.5 L

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<i>Death of a Man</i>	Wertenbaker, Lael Tucker (Beacon Press, 1957)	“Told by his widow, here is the story of a man doomed by cancer who chose to die as he had lived...with knowledge and vitality.”	Death of a Partner	B W
<i>Death of a Pet: a thoughtful guide for adults and children</i>	Nieburg, Herbert & Arlene Fischer (Harper Perennial, 1992)	A practical guide and an emotional support for adults and children who have had a pet die.	Pet Loss	155.9 N
<i>Death of Ivan Ilych, The</i>	Tolstoy, L. (Health Sciences Publishing Corp., 1973)	The book is about many things: the tyranny of bourgeois niceties, the terrible weak spots of the human heart, and it is about death. But more than anything, it deals with the consequences of living without meaning.		891.7 T
<i>Death Without Denial Grief Without Apology</i>	Roberts, Barbara K. (Newsage Press, 2002)	Roberts's overriding message is that there isn't one right way to express sorrow and that people should be allowed to use whatever rituals or comforts they need, for as long as they need, without censure.		155.9 R
<i>Death, Completion and Discovery</i>	Corr, Charles A., Ph.D. (Association for Death Education and Counseling, 1987)	Death is both a completion in human lives and an occasion for discovery. This book is an example of some of the many possibilities for creativity in the face of death.		393 C
<i>Death, Grief And Bereavement: a bibliography 1845-1975</i>	Fulton, Robert. Comp. (Arno Press, 1977)	The literature of death and dying.	Professional	16.3 F
<i>Death: the final stage of growth</i>	Kubler-Ross, Elisabeth (Prentice-Hall, Inc., 1975)	Shows how through an acceptance of our finiteness, we can grow; for death provides a key to the meaning of human existence.		155.9 K
<i>Death: the trip of a lifetime</i>	Palmer, Greg (HarperCollins, 1993)	“This delightfully different ‘travelogue’ follows one man’s quest to discover how people around the world cope with the incontrovertible fact of death.”		306.9 P
<i>Dialogue with Death</i>	Schmitt, Abraham (Word, Inc., 1976)	The intent of this book is to have dialogue with death until we renounce life so as to genuinely live it to its fullest.		128.5 S
<i>Different Dream Parenting: a practical guide to raising a child with special needs</i>	Philo, Jolene (Discovery House Publishers, 2011)	With more than twenty-five years of experience as a teacher and the parent of a special needs child, Jolene Philo offers you guidance and encouragement. Addressing a variety of situations and providing tools to help you work through them she prepares you to become an extraordinary advocate for your child.	Disabilities	

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<i>Different Losses Different Issues: what to expect and how to help</i>	Hartnett, Johnette (Good Mourning, South Burlington, VT. 1993)	Written to help develop a deeper understanding of the uniqueness of each loss and how it affects the grief process by looking at a number of different types of losses.		155.9 H
<i>Discovering Grace In Grief</i>	Mayfield, James L. (Upper Room Books, 1994)	This book is a faithful companion for those who are walking the journey of grief. From his pastoral and personal experience, the author describes this journey in concrete ways and speaks knowingly of grace present each step along the way. Very practical and thoughtful.	Religious	248.8 M
<i>Discussing Death: a guide to death education</i>	Mills, Gretchen (ETC Publications, 1976)	A comprehensive approach to death education on a development level.	Professional	128.5 M
<i>Disgrace</i>	Coetzee, J.M. (Penguin Books, 1999)	An incident of unimaginable terror and violence forces father and daughter to confront their strained relationship and the equally complicated racial complexities of the new South Africa.		823 C
<i>Don't Ask For The Dead Man's Golf Clubs: what to do and say (and what not to) when a friend loses a loved one</i>	Kelly, Lynn (Workman, 2000)	Drawing on experience and wisdom from people who have lost husbands, wives, parents, children, and siblings, this book offers hundreds of helpful, succinct and heartfelt suggestions on how to provide comfort, now and over time.	Helping a friend	155.9 K
<i>Don't Take My Grief Away: what to do when you lose a loved one</i>	Manning, Doug (Harper San Francisco, 1984)	Gently, with warm, consoling, and practical guidance, Doug Manning addresses the painful, often disorienting aftermath of the death of a loved one.		248.8 M
<i>Dynamics Of Grief, The</i>	Switzer, David K. (Abingdon Press, 1970)	Deals with the fear of one's own death and the search for meaning in grief.		157 S
<i>Embraced By The Light</i>	Eadie, Betty Jean (Gold Leaf Press, 1992)	"The most profound near-death experience ever."	Near Death Experiences	133.9 E
<i>Empty Chair, The: handling grief on holidays and special occasions</i>	Zonnebelt-Smeenge, Susan J. and Robert C. De Vries (Baker Books, 2001)	For adults who have lost a spouse, parent, child, friend or sibling. Learn how to incorporate new traditions on special days, create memorials that honor and affirm your loved one's life and rebuild your individual sense of identity.	Special days	248.8 Z
<i>End Is Just The Beginning, The: lessons in grieving for African Americans</i>	Churn, Rev. Arlene, Ph.D. (Harlem Moon, 2003)	Every culture has unique ways of coping with the devastating loss of a loved one, but in some households these important traditions have succumbed to the modern emphasis on returning to the business of life. Knowing from firsthand experience that these rituals of mourning are essential to a survivor's emotional well-being, renowned counselor and minister the Reverend Dr. Arlene Churn now offers a special book that restores African American customs for honoring the deceased.		155.9 C

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<i>Experiencing Grief</i>	Wright, H. Norman (Broadman & Holman 2004)	A very practical and healing guide for those journeying through the experience of the loss of a loved one. Christian focus.		152.4 W
<i>Facing Death</i>	Kavanaugh, Robert E. (Penguin Books, 1972)	“A new look at our unrealistic attitudes toward dying.”		393 K
<i>Facing Death and the Life After</i>	Graham, Billy (Word Books, 1987)	Throughout his long evangelistic career and in his many books, Dr. Billy Graham has told millions about Christ’s offer of eternal life. Now he calls us to confront the sobering fact of death – realistically, but always with the confidence that through our relationship with Christ we can conquer this final enemy.		236.1 G
<i>Fall of Freddie the Leaf, The: a story of life for all ages</i>	Buscaglia, Leo, Ph.D. (Charles B. Slack, Inc., 1982)	An inspiring allegory illustrating the delicate balance between life and earth.		jF B
<i>Fatal Choice</i>	Baucom, John O. (Moody Press, 1986)	Shows how to respond constructively to any adolescent and to troubled adolescents in particular.		362.2 B
<i>Finding Your Way After Your Parent Dies</i>	Gilbert, Richard B. (Ave Maria Press, 1999)	Sketches out some of the issues that arise in the wake of a parent's death and offers practical suggestions for navigating these difficulties.	Death of a parent	248.8
<i>Food For The Soul</i>	Gambill, Andrea, ed. (Bereavement Publishing, Inc., 1996)	A collection of some of the most popular poetry which has previously appeared in Bereavement Magazine.		808.81 G
<i>For Bereaved Grandparents</i>	Gerner, Margaret H. (Centering Corporation, 1990)	Addresses the grief a grandparent feels and how the grandparent can help their grieving child.	Death of a grandchild	vf
<i>For The Living</i>	Jackson, Edgar N. (Channel Press,1963)	Discusses the rites and ceremonies surrounding death, the funeral, the work of mourning.	Funeral Rites	393 J
<i>For Those Who Hurt</i>	Swindoll, Chuck (Multnomah Press, 1977)	A book of meditations for those experiencing the pain of grief.		vf
<i>Four Things That Matter Most, The: a book about living</i>	Byock, Ira, M.D. (Free Press, 2004)	Ira Byock is a leading palliative care physician and longtime public advocate for improving care through the end of life. In this book, Byock teaches us that a degree of emotional healing is always possible and that we can experience a sense of wholeness even in the wake of family strife, personal tragedy, divorce, or in the face of death.		158.2 B

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<i>Free Fall</i>	Smith, JoAnn Kelley (Judson Press, 1975)	A guide for families and friends as well as helping professionals who seek a better understanding of the ultimate crisis of life.	Professional	B S
<i>Freedom: My Book of Firsts</i>	Dugard, Jaycee (Simon & Shuster, 2016)	How do you rebuild a life? In the follow-up to her memoir: A Stolen Life, Jaycee Dugard tells the story of her first experiences after years eighteen years in captivity: the joys that accompanied her newfound freedom and the challenges of making choices for herself. Raw and inspiring, this book reminds us that there can be, as Jaycee writes, happiness after tragedy – if we only seek it out.	Abduction	364.15 D
<i>From The Heart</i>	Rennie, Marilou, LCSW (Xlibris Corporation, 2007)	A book of poems, each depicting a personal story. Stories witnessed by a Medical Social Worker while working with hospice patients and families.		808.81 R
<i>Funeral, The - Vestige Or Value</i>	Irion, Paul E. (The Parthenon Press, 1966)	It will help answer the question as to whether the funeral is simply a "vestige" of the past or if it still has value today.	Funeral Rites	393 I
<i>Funeral, The: a chance to touch, a chance to serve, a chance to heal</i>	Manning, Doug	Funeral Service is at a crossroads--trying to maintain the history and tradition of the past while facing a public that demands services that are special, unique and personalized. The author outlines the issues and offers suggestions and solutions that can transform your firm.	Funeral Rites	265
<i>Gentle Closings: how to say goodbye to someone you love</i>	Menten, Ted (Running Press, 1991)	This gentle book is about people who have said goodbye and how they did it. Through their stories, one can find ideas, reassurance and the courage to face the death of a loved one.		155.9 M
<i>Getting Past Christmas</i>	Eneroth, Carlene Vester (Centering Corp, 1992)	A pamphlet with practical tips for surviving December after the death of a loved one.	Holidays	vf
<i>Gift of Grief, The: healing the pain of everyday losses</i>	Tanner, Ira J. (Hawthorn Books, Inc. 1976)	"...a tool with which we can take the powerful emotions associated with loss and create an experience of value and beauty."		vf
<i>Gift Of Significance, The</i>	Manning, Doug (In-Sight Books, Inc., 1992)	A collection of stories and insights of people who told the author the story of their grief.		155.9 M
<i>Given In Love</i>	Connelly, Maureen (Centering Corp, 1990)	For young mothers who are choosing an adoption plan. Recognizes the birthmother as griever and giver at the same time.	Adoption	vf
<i>God's Heart, God's Hands: reaching out to hurting women</i>	George, Denise (New Hope, 1998)	This book guides readers to understand how to offer comfort to women who suffer through broken relationships, discouragement, loneliness, spouse abuse, childhood sexual abuse, loss and grief, suicide, and more.		248.842 G

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Good Age, A</i>	Comfort, Alex (Crown Publishers, Inc., 1976)	A ringing affirmation of the pleasure, accomplishment and fulfillment within the grasp of those who prefer to remain youthful despite advancing years.	Older Adults	612.6 C
<i>Good Grief: a constructive approach to the problem of loss</i>	Westberg, Granger E. (Fortress Press, 1971)	Describes what happens to us whenever we lose someone or something important.		157 W
<i>Good Mourning</i>	Meyer, Elizabeth with Moscatello, Caitlin (Gallery Books, 2015)	Raised on the posh Upper East Side of Manhattan, Elizabeth Meyer stunned her family and friends when she applied for a position at one of New York's most celebrated funeral homes. It wasn't the typical career path for a 24-year-old college grad who interned for designers and PR firms, partied in hip nightclubs with well-to-do friends, and vacationed in places like Vail and Palm Beach. But after planning her own father's funeral – swapping in peonies for lilies and the Rolling Stones for organ dirges – Elizabeth realized she could help others celebrate the lives of their loved ones. Soon she was making arrangements for movie stars, musicians, matriarchs, moguls – and making quite a name for herself – as the city's premier fashionista turned funeral planner.	Death of a father / Funeral Rites	363.7 M
<i>Good Words: memorializing through a eulogy</i>	Hewett, Beth L., Ph.D. (Grief Illustrated Press, 2010)	Teaches how a eulogy can help us in difficult times of grief. This book walks readers through the writing process to help them develop powerful and personal eulogies. It also helps readers learn how to deliver the eulogy effectively. Good Words is full of useful information about eulogies like how and when to include children in the ceremony, how to revise and polish a eulogy after the funeral or memorial ceremony, and how various religious perspectives from a wide variety of spiritual traditions might influence the eulogy.	Funeral Rites	265 H
<i>Gramp</i>	Jury, Mark (Grossman Publishers, 1976)	Experiences over the last three years of life. Frank Tugend's involvement with arteriosclerosis.		362.1 J
<i>Grandma's Tears: comfort for grieving grandparents</i>	Kolf, June Cerza (Baker Book House, 1995)	Practical strategies for surviving the stages of grief are offered as Kolf empathizes with grandparents who grieve.	Death of a grandchild	155.9 K
<i>Grief And How To Live With It</i>	Morris, Sarah (Grosset & Dunlap, 1972)	Intended to help the living work through grief to the time when we can build a new life for ourselves.		248.86 M
<i>Grief at Work: a manual of policies and practices</i>	Fitzgerald, Helen (American Hospice Foundation, 2000)	Covers grief policies and programs, death at the worksite, funeral planning, the bereaved return to work, crisis planning, characteristics of grief, the process of grief, complicated grief, unresolved childhood grief, and managing grief at work: a training curriculum for employee assistance professionals.	Professional	155.9 F
<i>Grief is a Maze: but we can find a way out</i>	Ebbesmeyer, Joan (Grief Illustrated Press, 2010)	The healing will begin as we journey through the maze of confusing twists and turns and some dead ends too, as we try to find our way. The ways of escape may differ, but all depend on finding one thing- JOY. This book suggests finding joy in ways of giving to others-for giving is the greatest joy of all.		242.4 E

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Grief Recovery Handbook, The</i>	James, John W. & Frank Cherry (Harper & Row, 1988)	Using clear and poignant stories drawn from their own histories of significant loss, the authors illustrate in a very personal way what grief is and how it is possible to recover and regain a sense of aliveness and spontaneity.		152.4 J
<i>Grief Sanctified, A: through sorrow to eternal hope</i>	Packer, J. I. (Crossway, 2002)	Packer's reflection about Richard and Margaret Baxter story surrounding Margaret's death. Packer edited version considers six of life's realities – love, faith, death, grief, hope and patience. The powerful combination of Packer's insights and Baxter's grief gives you a beacon if you are searching for God and a lifeline if you are grieving.		248.6 P
<i>Grief: what it is and what you can do</i>	Johnson, Dr. Marvin and Joy (Centering Corp, 1995)	Covers feelings, issues, other people, rituals and caring for yourself.		vf
<i>Grief's Slow Wisdom</i>	Flint, Cort R. (Flint-Bridge, Inc., 1967)	Proposes some specific things you can do to develop the right attitudes toward grief.		242.4 F
<i>Grievers Ask: answers to questions about death and loss</i>	Smith, Harold Ivan (Augsburg Books, 2004)	The author compiles more than 150 common questions about death, explores the emotions behind them, and provides clear and forthright responses. Whether readers find the answers they seek, new perspectives to ponder, or comfort from knowing that others ask similar questions, this valuable resource will guide both individuals who are in the midst of grief and those who wish to provide comfort.		155.9 S
<i>Grieving The Death Of A Friend</i>	Smith, Harold Ivan (Augsburg Fortress, 1996)	Guides the reader to move "with" rather than "against" the natural grief process as he explores its many aspects, including friending, passing, burying, mourning, remembering, and reconciling.		155.9 S
<i>Grieving The Death Of A Mother</i>	Smith, Harold Ivan (Augsburg Books, 2003)	Drawing on his own experience of loss, as well as those of others, the author guides readers through their grief, from the process of dying through the acts of remembering and honoring a mother after her death.		155.9 S
<i>Grieving The Loss Of Someone You Love: daily meditations to help you through the grieving process</i>	Mitsch, Raymond R. & Lynn Brookside (Vine Books, 1993 & Updated edition, Regal Books, 2004)	A series of thoughtful daily devotions, this book shares wisdom, insight, and comfort that will help you through and beyond your grief.	Religious	242.4 M
<i>Grieving: a beginner's guide</i>	McCormack, Jerusha Hull (Paraclete Press, 2006)	This book is designed to help those in pain-and specifically those who have lost someone thorough death-to imagine the path before them. It is a path of suffering. But it is also a path that may lead to unexpected discoveries and to peace.		155.9 M

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Group, The: Seven Widowed Fathers Reimagine Life</i>	Rosenstein, Donald L. and Yopp, Justin M. (Oxford University Press, 2018)	Through the fathers' poignant interactions, The Group illustrates that while some wounds never fully heal, each of us has the potential to construct a new and meaningful future. Rosenstein and Yopp, co-leaders of the support group, weave together the fathers' stories with contemporary research on grief and adaptation. The Group traces a compelling journey of healing and personal discovery that no book has ever captured before. The men's touching efforts to care for their families, grieve for their wives, and reimagine their futures will inspire anyone who has suffered a major loss.	Men and Grief, Widowers, Parenting	155.9 RY
<i>Growing Through Grief</i>	Townes, James E. (Warner Press, 1984)	A book of comfort, insight and inspiration as the author communicates the meaning of his own loss, and the source of his solace.		242.4 T
<i>Good Funeral, The</i>	Long, Thomas G. and Lynch, Thomas (Westminster John Knox Press, 2013)	Two of the most authoritative voices on the funeral industry come together here in one volume to discuss the current state of the funeral. Through their different lenses--one as a preacher and one as a funeral director--Thomas G. Long and Thomas Lynch alternately discuss several challenges facing "the good funeral," including the commercial aspects that have led many to be suspicious of funeral directors, the sometimes tense relationship between pastors and funeral directors, the tendency of modern funerals to exclude the body from the service, and the rapid growth in cremation.		393.09 73 LL
<i>Healing a Friend's Grieving Heart: 100 practical ideas for helping someone you love through loss</i>	Wolfelt, Alan D., Ph.D. (Companion Books, 2001)	When a friend suffers the loss of someone loved, you may not always know what to say. But you can <i>do</i> many helpful, loving things. Compassionate and eminently practical, offers 100 fresh ideas for friends, family members and caregivers who want to help. And each idea's <i>carpe diem</i> will help you seize the day by supporting your friend right now.	Helping a friend	155.9 W
<i>Healing After Job Loss: 100 practical ideas</i>	Wolfelt, Alan D., Ph.D. and Duvall Kirby J., M.D. (Companion Press, 2010)	Job loss is a major life transition. It can bring you down or provide opportunities that you never knew existed. This unique approach focuses on your whole experience, not just on find you the next job-although that's in here, too. With these 100 compassionate, practical tips you'll cross over from the pain of losing your job to a purposeful place of setting intentions and carrying out a job search plan. Finally, you'll be ready to transition to your next position with grace and confidence.	Job Loss	155.9 W
<i>Healing Grief at Work: 100 practical ideas after your workplace is touched by loss</i>	Wolfelt, Alan D., Ph.D. (Companion Books, 2005)	Topics covered include effective ways to channel grief during the workday, supporting co-workers who mourn, and coping with traumatic deaths that affect the workplace. A special introduction for employers (managers, human resource personnel, owners, etc.) addresses the economic impact of grief in the workplace and provides practical and cost-effective ideas for maintaining morale and creating a productive yet compassionate work environment.	Professional	155.9 W
<i>Healing The Grieving Heart: 100 practical ideas for families, friends and caregivers</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 1998)	Compassionate yet practical, Dr. Wolfelt's book explains principles of mourning, needs of mourners and suggestions for helping them meet those needs. Includes what not to do or say, how to listen and many more practical tips.	Helping a friend	155.9 W

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Healing Your Grieving Body: 100 physical practices for mourners</i>	Wolfelt, Alan D., Ph.D. and Duvall, Kirby J., M.D. (Companion Press, 2009)	When you are grieving, your body often lets you know it feels distressed, too. In fact, you may be shocked by how much your body responds to the impact of your loss. The mind-body connection in grief is profoundly strong, but taking care of your body in the 100 ways described in this compassionate, practical guide will help you soothe your body as you heal your heart and soul.		155.9 W
<i>Healing Your Grieving Heart: 100 practical ideas</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 1998)	Here-and-now suggestions for helping mourners heal.		155.9 W
<i>Healing Your Holiday Grief</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 2005)	This handbook helps those in mourning through what can be the hardest time of year—the holiday season. Readers will better understand their complex emotions after reading about such topics as honoring thoughts and feelings, creating new traditions, finding ways to de-stress, and incorporating healing rituals into the holiday season. All of the answers and advice in this guide are provided in the popular 100 ideas format that features one idea per page.	Holidays	155.9 W
<i>Heart Of Grief, The: death and the search for lasting love</i>	Attie, Thomas (Oxford University Press, 2000)	Gives insightful mediation on the meaning of grief, showing how it can be the path toward a lasting love of those who have died. Describes the transition from loving in presence to loving in separation.		155.9 A
<i>Hearts In Motion Minds At Rest: living through the loss of a loved one</i>	Brite, Mary (Barbour Books, 1993)	Topics as notification of death, organ donation and funeral services are discussed candidly. Three easy-to-use checklists simplify the many tasks facing survivors and provide organization and efficiency at a time when chaos is more likely to rule. Spiritual and emotional issues relating to death are ably presented.	Religious	248.8 B
<i>Helping People with Developmental Disabilities Mourn</i>	Markell, Mark A. Ph.D. (Companion Press, 2005)	This practical book offers 20 simple rituals that caregivers can use with people with developmental disabilities after a death. All of the rituals can be adapted for people of all age and all levels of disability.	Disabilities	155.9 M
<i>Holding Onto Hope: a pathway through suffering to the heart of God</i>	Guthrie, Nancy (Tyndale, 2002)	Sharing her own story of loss and hope with the biblical story of Job, Nancy Guthrie takes her readers by the hand and guides them on a pathway through pain – straight to the heart of God.	Religious	248.8 G
<i>Hole In Me Since The Day You Died, The</i>	Labrum, David (The Center for Hospice and Palliative Care, Inc., 2006)	Features the artwork of seven adults who experienced the sudden and unexpected death of a loved one or ones. A statement involving their loved one(s) death precedes their artwork. Readers are then able to observe each person, through their artwork, gradually work through their grief over a period of weeks, months and years. They used their artwork as a way of exploring themselves - shaping, defining and eventually transcending their grief experience.	Sudden Death	155.9 L

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Holiday Help: a guide for hope and healing</i>	Sims, Darcie & Sherry Williams (Accord, Inc., 1996)	Suggestions for coping with grief during the holidays.	Holidays	155.9 S
<i>Holiday Help: coping for the bereaved</i>	Gibson, Sherry & Sandra Graves (Accord Inc., 1985)	Suggestions for coping with grief during the holidays.	Holidays	vf
<i>Hope In Grief: addresses and resources for Christian funerals</i>	Baerwald, Reuben C., ed. (Concordia Publishing House, 1966)	A collection of sermons appropriate for the Christian funeral.	Funeral Rites / Religious	265 B
<i>How To Be A Perfect Stranger, Vol. 2: a guide to etiquette in other people's religious ceremonies</i>	Matlins, Stuart M. (SkyLight Paths Publishing, 1999)	A continuation from Volume 1, Volume 2 offers interested guests the same straightforward "how-to" information for other religions and denominations in North America with smaller memberships.	Helping a friend	291.3 M
<i>How to Say it When You Don't Know What to Say: the right words for difficult times</i>	Kaplan, Robbie	Provides insight into the process of grief and offers practical advice on how to be a comfort to others. With specific discussion on a variety of difficult experiences--ranging from illness to job loss to divorce to natural disasters--it also includes resources and advice from experts, professionals, and individuals whose words of wisdom can guide you through these difficult experiences.	Helping a friend	155.9 K
<i>How to Survive the Loss of a Love</i>	Colgrove, Melba, Ph.D. (Prelude Press, 1991)	Gives the reader what he or she needs at each step in the process of recovering from a loss.		155.9 C
<i>How to Survive the Loss of a Parent</i>	Akner, Lois F. C.S.W. (William Morrow & Co., Inc., 1993)	Explains why the loss of a parent is different from other losses, and using examples from her own experience, the author shows how it is possible to work through the grief.	Death of a parent	155.9 A
<i>How Will I Get Through The Holidays?</i>	Miller, James E. (Willowgreen Publishing, 1996)	Suggestions to help grieving people of all ages with the adjustments that must be made during the holidays and other significant days following the death of someone loved.	Holidays	155.9 M
<i>In My Mother's Kitchen: an introduction to the healing power of reminiscence</i>	Edgar, Robin A. (Tree House Enterprises, 2002)	Contains reminiscence recipes to recapture the sights, sounds and even smells that bring back the lesson and the laughter from the past. This self-help book preserves family histories and local culture in addition to guiding the reader to establish rituals for long-term bereavement benefits.		153.1 E
<i>In the Letting Go: words to heal the heart on the death of a mother</i>	Lazear, Jonathon (Conari Press, 2006)	A collection of quotations, poems, ancient proverbs, and stories from the likes of Winston Churchill, Madeleine L'Engle, and Jonathon Lazear himself. This book acts as a companion to your grief whenever and wherever you might need it.	Death of a mother	155.9 L

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>In the Midst of Winter: selections from the literature of mourning</i>	Moffat, Mary Jane, ed. (Vintage Books, 1982)	Anthology of writings about the process of mourning reveals the nature and progress of grief.		808.8 M
<i>In The Presence Of Grief: helping family members resolve death, dying and bereavement issues</i>	Becvar, Dorothy (Guilford Press, 2001)	Illuminating the impact of loss and grief on our psychological and emotional lives, this book provides vital information to ease painful transitions and facilitate healing. The author emphasizes that dealing with the death of a loved one involves more than picking up the pieces and moving on; rather, healing is an ongoing journey on which grief is a constant companion.		155.9 B
<i>Individual, Society and Death, The: an anthology of reading</i>	Berg, David W., and George G. Daugherty, ed. (George Daugherty and David Berg, 1972)	An anthology of reading on the subject of death.		393.082 B
<i>Into The Cave: when men grieve</i>	Petrie, Dr. Ronald G. (One to Another, 2001)	Looks at differences between men and women as they go through the grieving process. It is based on experience and observation by someone who has gone, and is still going, down the path of grief recovery.	Men and grief	155.9 P
<i>It's Ok that You're Not OK: Meeting grief and loss in a culture that doesn't understand</i>	Devine, Megan (Sounds True, 2017)	<p>Megan writes with deep insight about the unspoken truths of loss, love, and healing. She debunks the culturally prescribed goal of returning to a normal, “happy” life, replacing it with a far healthier middle path, one that invites us to build a life alongside grief rather than seeking to overcome it. In this compelling and heartfelt book, you’ll learn:</p> <ul style="list-style-type: none"> • Why well-meaning advice, therapy, and spiritual wisdom so often end up making it harder for people in grief • How challenging the myths of grief—doing away with stages, timetables, and unrealistic ideals about how grief should unfold—allows us to accept grief as a mystery to be honored instead of a problem to solve • Practical guidance for managing stress, improving sleep, and decreasing anxiety without trying to “fix” your pain • How to help the people you love—with essays to teach us the best skills, checklists, and suggestions for supporting and comforting others through the grieving process 		155.9 D
<i>Jazz</i>	Morrison, Toni (Vintage Int. Books, 2004)	Nobel Prize laureate Toni Morrison brings us back and forth in time, as a narrative is assembled from the emotions, hopes, fears, and deep realities of black urban life.	Funeral Rites	813.54 M
<i>Journey Through Grief, The: reflections on healing</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 1997)	Defines the six reconciliation needs of mourning, followed by a series of short, reflective passages. A spiritual companion to mourners.		242.4 W

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Keys To Dealing With The Loss Of A Loved One</i>	Kouri, Mary K., Ph.D. (Barron's Educational Series, Inc., 1991)	A psychotherapist explains the grieving process and suggests sources of comfort and healing. Includes bibliographical references.		155.9 K
<i>Last Man Out: Glenn McDole, USMC, survivor of the Palawan Massacre in WW II</i>	Wilbanks, Bob (McFarland & Company, Inc., Pub., 2004)	This biography tells the story of Glenn ("Mac") McDole, one of the eleven young men who escaped the Palawan Massacre of WWII.	WWII	B940.5 4 W
<i>Last Things First, Just In Case: a practical guide to living wills and durable powers of attorney for health care</i>	Cebuhar, Jo Kline, J.D. (Murphy Publishing, 2006)	Last things first tells the medical and legal story of advance directives, why it is important to document wishes for end-of-life care and how easy it is to create this simple – yet vital – record of your values and wishes for care.	End of Life Planning	
<i>Laughing Down Lonely Canyons</i>	Kavanaugh, James J. (Harper & Row, Publishers, Inc., 1984)	...an invigorating new collection of warm, thoughtful poems from one of today's most popular poets, offering heartfelt comfort and realistic hope for those periods in our lives when we confront our own loneliness and anxiety.		811.54 K
<i>Letter to a Grieving Heart: comfort and hope for those who hurt</i>	Sprague, Billy and John MacMurray (Harvest House Publishing, 2001)	The author offers the kind of compassion and insight that can only come from one who has lived through deep loss himself. Among other losses, he has had to face the death of a fiancée, a beloved grandmother, and a favorite college professor. From these experiences, he has drawn the kind of insight that will help others walk through the dark, seemingly endless times of grief. With honesty, passion, and perspective, he shares the little things that eased him forward and the words of comfort that carried him to a place of strength.		248.8 S
<i>Letters To Kate: life after life</i>	Klaus, Carl H. (Unvirsiuty of Iowa Press, 2006)	Recording the full range of mourning from intense shock to moments of exceptional affirmation, Klaus's stories and reflections on loss bear witness to universal truths about the first and most significant year of mourning.		159.9 K
<i>Level of Doorknobs, The</i>	Cohen, Marion (Centering Corporation, 1983)	A book of suggestions for parents with disabilities.	Disabilities	vf

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Liberating Losses: when death brings relief</i>	Elison, Jennifer, Ed.D., and Chris McGonigle (Perseus Publishing, 2003)	The cultural expectation for sadness, loneliness, and despair when you feel relief, happiness, and even joy, only adds to the guilt and conflict felt by many "relieved griever." Elison and McGonigle here share their own and others' stories, compassionate clinical analysis, and pragmatic counsel. Wise, compassionate, and groundbreaking, this book expands the traditional definition of grief, and, in so doing, generously validates the feelings that many of us feel obliged to hide.		155.9 E
<i>Life After Death</i>	Page, Allen E.	Shows how Scripture can answer our questions and concerns regarding the hereafter.	Religious	236.2 P
<i>Life After Life</i>	Moody, Raymond A., Jr., M.D. (Bantam/Mockingbird Books, 1975)	Real-life accounts of people who have experienced "clinical death" and been revived.	Near Death Experiences	236 M
<i>Life Begins at Death</i>	Weatherhead, Leslie D. (Abingdon Press, 1970)	The author replies to questions put to him by Norman French; one being, "Is there life after death?"		236 W
<i>Life Lessons: two experts on death and dying teach us about the mysteries of life and living</i>	Kubler-Ross, Elisabeth and David Kessler (Scribner, 2000)	Guides readers through the practical and spiritual lessons we need to learn so that we can live life to its fullest in every moment.		170.44 K
<i>Little Book of Comfort, A</i>	Guest, Anthony (Marshall Pickering, 1993)	From Dante and Shakespeare to Emily Bronte, Raymond Carver, and Robert Graves, these sensitively chosen literary and biblical selections eloquently reflect the many and varied emotions which grief evokes.		808.81 G
<i>Little Pieces Of Light...Darkness & Personal Growth</i>	Rupp, Joyce, O.S.M. (Paulist Press, 1994)	This book reaches into the human heart, encouraging the reader to approach painful, inner darkness as a help for rather than a hindrance to personal growth.	Religious	248.8 R
<i>Living In The Shadow Of The Ghosts Of Grief: step into the light</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 2007)	This balanced resource empowers mourners and grief counselors to turn grief into an experience to be learned from. Defining the varieties of heartache and its consequences, this effective guide explores how to inventory, understand, embrace, and reconcile one's accumulated sorrow through a five-phase "catch-up" mourning process.		155.9 W

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Living When A Loved One Has Died</i>	Grollman, Earl A. (Beacon Press, 1977)	"It is my hope that this book will help you to manage wisely the emotions of your grief and will challenge you to confront creatively the death of your beloved."		242.4 G
<i>Living With An Empty Chair: a guide through grief</i>	Temes, Dr. Roberta (Irvington Publishers, Inc., 1984)	Ways to handle the stages of grief, living alone, restructuring families, exploring children's reactions and rebuilding one's life after the death of someone loved.		155.9 T
<i>Living With Grief: at Work, at School, at worship</i>	Davidson, Joyce D. and Kenneth J. Doka, eds. (Hospice Foundation of America, 1999)	A review of current understandings on the process of grief and an overview of the ways that grief may affect individuals at work, at school, and at worship, and how we can better create humane environments for bereaved individuals.		155. 9 D
<i>Living With Grief: loss in later life</i>	Doka, Kenneth, ed. (Hospice Foundation of America, 2002)	A valuable tool for those facing the most difficult time in their lives. Prompts us all to lend a helping hand and a sympathetic ear to an older person who is suffering after a painful loss.	Older Adults	155.67 D
<i>Living With Grief: who we are, how we grieve</i>	Doka, Kenneth J. and Joyce D. Davidson, eds. (Hospice Foundation of America, 1998)	A look at the many variables which affect an individual's grief. Variables such as culture, spirituality, class, gender and age can offer meanings by which we view death and understand loss and grief.		155.9 D
<i>Living With Pain</i>	Wolf, Barbara (The Seabury Press, 1977)	Describes and analyzes the experience of "chronic" or persistent pain, perhaps the most mysterious of all forms of this perennial human problem.	Pain	616 W
<i>Losing A Parent: practical help for you and other family members</i>	Marshall, Fiona (Da Capo Press, 2000)	Leads you through the process of coping with the loss of a parent-from understanding your immediate reactions to anticipating and recognizing the different stages of grief that follow. This guide also helps you nurture the relationship with a surviving parent.	Death of a parent	155.9 M
<i>Loss of a Life Partner, The: Narratives of the Bereaved</i>	Walter, Carolyn Ambler (Columbia University Press, 2003)	Through discussions of various theories of grief, narratives of the bereaved obtained in interviews with 22 men and women, case study analysis, and chapter summaries, this text integrates the literature about and the bereavement experiences of partners in varying types of relationships.	Unmarried Partners	155.9 W
<i>Lost Boy: my story</i>	Laurie, Greg (Tyndale House Publishers, Inc., 1996)	Lost Boy is really a story about being found. Greg opens a window on his life and shares about his uncertainty and disappointments, his healing and growth. He remembers the beginnings of a ministry that has touched millions of people and relives the ups, downs, sudden drops and blind corners – and he invites you along for the ride!	Religious	B L

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Lucy Lettuce</i>	Loring, Patrick and Joy Johnson (Centering Corporation, 1994)	All ages. A head of lettuce serves to demonstrate what grief feels like. Through being tossed and tumbled, she learns that the lid of sorrow will lift and she can go out and nourish others.		vf
<i>Maggie Kuhn On Aging: a dialogue</i>	Hessel, Dieter, ed. (The Westminster Press, 1977)	...a new philosophy of living whole when old.	Older Adults	301.4 H
<i>Making The Most Of Single Life</i>	Reed, Bobbie (Concordia Publishing House, 1980)	Techniques to help achieve a more fulfilling life when one is or has become single. From a Christian perspective.	Single Life / Religious	305 R
<i>Man You Know Is Grieving, A: 12 ideas for helping him heal from loss</i>	Golden, Thomas R. (Willowgreen Publishing, 1998)	Two books in one. One half is for men who are grieving, with 12 helpful suggestions, each a chapter by itself. The other half is for those who want to understand and help men who are grieving, also in twelve short, helpful chapters.	Men and grief / Helping a friend	155.9 G
<i>Many Faces Of Grief, The</i>	Jackson, Edgar N. (Abingdon Press, 1977)	The author explores how we express grief and how it can be creatively managed. He offers ways of turning grief into a positive, creative, growth experience.		242.4 J
<i>Meditations For The Divorced</i>	Osgood, Judy, ed. (Gilgal Publications, 1987)	For those going through a divorce, this book offers the companionship of real people who have walked this lonesome road and survived, plus the knowledge and assurance that the reader can do it too.	Divorce	242.64 O
<i>Men & Grief: a guide for men surviving the death of a loved one, a resource for caregivers and mental health professionals</i>	Staudacher, Carol (New Harbinger Publications, 1991)	This book is a good resource for grieving men, as well as the professionals who help them. The author addresses a wide variety of topics related to men and grief and the book is divided into three major sections: 1) Grief Responses and Characteristics, 2) The Special Challenges of Specific Losses, and 3) Working Through Your Grief.	Men and grief / Professional	155.9 S
<i>Moon Crossing Bridge</i>	Gallagher, Tess (Graywolf Press, 1992)	Poems in remembrance of the author's recently deceased beloved, whose presence and absence are recalled in somber lyrical rhythms and with an extraordinary range of expressions of love and sadness.		811.54 G
<i>More Than Surviving</i>	Osmont, Kelly (Centering Corporation, 1990)	Caring for yourself while you grieve. Deals with the physical aspects of grief – that one CAN do something about it.		vf

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Motherless Daughters</i>	Edelman, Hope (Addison-Wesley Publishing Co. 1994)	For any woman who has lost her mother and who has looked for comfort and understanding, written by a woman whose mother died when the author was seventeen.	Death of a mother	155.9 E
<i>Mourning Song</i>	Landorf, Joyce (Fleming H. Revell Company, 1974)	A penetrating lesson on how to face the final test in life. The author guides the reader through the five stages of grief and new levels of awareness.		248.86 L
<i>Mourning: the journey from grief to healing</i>	Del Zoppo, Patrick (Alba House, 1995)	A book filled with compassion, understanding, empathy and valuable information for one who is in mourning, who is facing the death of a loved one, or who must minister to or counsel those who have undergone or anticipate undergoing a painful loss.		vf
<i>Next Place, The</i>	Hanson, Warren (Waldman House Press, Inc., 1997)	Readily adaptable message to both children and adults about “life after life”. Uniquely illustrated.	After life	236 H
<i>Nine Years Under</i>	Booker, Sherri (Gotham Books, 2013)	Sheri Booker was only fifteen years old when she started working at Wylie Funeral Home in West Baltimore. She had no idea that her summer job would become nine years of immersion in a hidden world. Reeling from the death of her beloved great aunt, she found comfort in the funeral home, and soon has the run of the place, from its sacred chapels to the terrifying embalming room. With AIDS and gang violence threatening to wipe out a generation of black men, Wylie was never short on business. As families came together to bury one of their own, Booker was privy to their most intimate moments of grief and despair. But along with the sadness, Booker encountered moments of dark humor: brawls between mistresses and widows, and car crashes at McDonald’s with dead bodies in tow. While she never got over her terror of the embalming room, Booker learned to expect the unexpected and to never, ever cry.	Working in a funeral home	338.4 B
<i>Nobody’s Child Anymore: grieving, caring, and comforting when parents die</i>	Bartocci, Barbara (Sorin Books, 2000)	Explores the four stages of losing a parent. Children often must endure the painful final stages of a parent’s life, the finality of their death, and their own grief while offering support for a surviving parent. Helps reader acknowledge and respect the differences in how different people process pain, explaining why all people do not feel the same after such a loss.	Death of a parent	155.9 B
<i>Not Death At All</i>	Peale, Norman Vincent (Prentice-Hall, Inc. 1949)	A message of consolation and solace from the author’s book <u>A Guide to Confident Living</u> .		242.4 P
<i>Not Just Another Day</i>	Lowery, Missy (Centering Corporation, 1992)	Ideas for dealing with the death anniversary, birthdays, celebrating your person’s life and taking care of yourself. Focuses on including the children and making them an integral part of remembering.	Children	vf

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Not Yet Pregnant: infertile couples in contemporary America</i>	Greil, Arthur L. (Rutgers University Press, 1991)	Explores the effect of infertility on the couple's marriage, on their relationships with their relatives and friends, and on their struggle to make sense out of their experience.	Infertility	306.87 2 G
<i>On Grief & Grieving: Finding the Meaning of Grief Through the Five Stages of Loss</i>	Kubler-Ross, Elisabeth and Kessler, David (Simon and Schuster, Inc., 2005)	Just as <i>On Death and Dying</i> taught us the five stages of death, Dr. Elisabeth Kübler-Ross and David Kessler applies these stages to the grieving process and weaves together theory, inspiration, and practical advice, including sections on sadness, hauntings, dreams, isolation, and healing.	Professional	155.9 K
<i>On Love Alone: words to heal the heart on the death of a father</i>	Lazear, Jonathon (Red Wheel, 2007)	This collection of quotations and reflections create a companion to grief.	Death of a father	155.9 L
<i>One You Love Has Died: ideas for how your grief can help you heal</i>	Miller, James E. (Willowgreen Publishing, 1998)	Suggestions for how someone can make the heartfelt journey of grief in a healthy, productive, life-affirming way.		vf
<i>Option B: facing adversity, building resilience, and finding joy</i>	Sandberg, Sheryl and Grant, Adam (Alfred A. Knopf, 2017)	After the sudden death of her husband, Sheryl Sandberg felt certain that she and her children would never feel pure joy again. Her friend Adam Grant, a psychologist at Wharton, told her there are concrete steps people can take to recover and rebound from life-shattering experiences. We are not born with a fixed amount of resilience. It is a muscle that everyone can build.	Death of a partner	155.9 S
<i>Our Life With Caleb</i>	Massanari, Jared and Alice (Fortress Press, 1976)	The authors share the impact of Caleb's life and affirm that life includes the inevitability of death rather than denies it. Here the gift of life is measured not in length but in depth.		B M
<i>Out Of The Ashes</i>	McDonald, Patrick & Claudette M. McDonald (Paulist Press, 1997)	Losses come and go, and sometimes, in their aftermath, it feels that everything else is gone. The McDonalds guide the reader through five processes in order to cope, transition and confront new transitions throughout one's life.		248.8 Mc
<i>Passed and Present: Keeping Memories of Loved Ones Alive</i>	Gilbert, Allison (Seal Press, 2016)	The first "how-to" book for remembering loved ones. This book offers 85 inspiring ways to celebrate family and friends you never want to forget.		155.9 G
<i>Perfect Stranger's Guide To Funerals And Grieving Practices, The</i>	Matlins, Stuart M. (SkyLight Paths Publishing, 2000)	The handbook for how to respond in an appropriate way when someone dies – no matter what their faith or denomination. The book covers all major and many minor denominations and religious found in North America.	Helping a friend	395.2 M

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Perspectives on Death</i>	Mills, Liston O., ed. (Abingdon Press, 1969)	A team of scholars surveys, assesses, and interprets the available material	Professional	393 M
<i>Pet Parents: A Journey Through Unconditional Love & Grief</i>	Ellis, Coleen (iUniverse Publishing, 2011)	Coleen Ellis lost her "baby girl" in 2003, and she was devastated. No one understood how she could be so upset over losing "just a dog", and she could never really say goodbye to her terrier-schnauzer mix, Mico. To help pet parents everywhere, she opened the first standalone pet funeral home in the United States in Indianapolis. In this guidebook, she helps pet parents, veterinarians, death-care professionals and others celebrate the special bonds we share with our animal companions.	Death of a Pet	B E
<i>Please See My Need</i>	Davis, A. Jann (Satellite Books, 1981)	Poetry that expresses the needs and feelings of children, the elderly, and those who are ill, dying or mourning a death.		808.81 D
<i>Praying Our Goodbyes: a spiritual companion through life's losses and sorrows</i>	Rupp, Joyce, O.S.M. (ave maria press, 2009)	Everyone has unique goodbyes – times of losing someone or something that has given life meaning and value. With the touch of a poet, Joyce Rupp offers her wisdom on “these experiences of leaving behind and moving on, the stories of union and separation that are written in all our hearts.	Religious	248.8 R
<i>Quest: the life of Elisabeth Kubler-Ross</i>	Gill, Derek (Harper & Row, Publishers, 1980)	The life story of the woman whose mission is to teach us how to confront our fear of death, so that we may know better how to live.		B K
<i>Reflections On Life After Life</i>	Moody, Raymond A., Jr., M.D. (Bantam/Mockingbird Books, 1977)	A sequel to Dr. Moody's book, <u>Life After Life</u> . He has now interviewed hundreds more men and women who were close to death or actually pronounced dead.	Near Death Experiences	236 M
<i>Religion and Bereavement: counsel for the physician, advice for the bereaved, thoughts for the clergyman</i>	Kutscher, Austin H., ed. (Health Sciences Publishing Corporation, 1972)	A rich store of wisdom to help man face his own death bravely, and to aid his loved ones to work through their bereavement to continued meaningful life.	Religious	242.4 K
<i>Remembering With Love: messages of hope for the first year of grieving and beyond</i>	LeVang, Elizabeth & Sherokee Ilse (Fairview Press, 2003)	Offers compassion, comfort, support and guidance during the lonely and painful times of grief. Over 300 entries, including quotes from people who have coped with their own losses, remind you that you are not alone and that you can and will survive.		242.4 L

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Renewing Your Spirit: a guide for holidays and special days</i>	Williams, Sherry (New Leaf Resources, 2006)	Provides practical advice on understanding and coping with grief during the many holidays and special days throughout the year. There are several interactive pages that allow the griever to create new holiday traditions.	Holidays	155.9 W
<i>Restore My Soul: a grief companion</i>	Peterson, Lorraine (NavPress, 2000)	A guide for facing and understanding feelings and for thinking through new ways to cope with life in the after-math of loss. The 31 short, easy-to-read chapters compassionately address some of the most pressing questions and issues facing someone who has recently experienced a deep loss. Each chapter contains a brief reflection on an issue of loss, followed by carefully selected Scripture readings and a suggested prayer.		242.4 P
<i>Roses in December: comfort for the grieving heart</i>	Heavilin, Marilyn (Harvest House, 1997)	This book shows how God provides roses--special occasions, people, and memories--to help us through sorrow. Drawing from the loss of her children (crib death, pneumonia, drunk driver collision) Heavilin will help you understand the grieving process, support family members, give insight into sibling grief, and maintain your marriage during this difficult time.	Religious	248.8 H
<i>Saturday Night Mulberries</i>	Ferguson, Dorothy (Centering Corporation, 1988)	Ages 6 and up. The author recounts her grief experiences with the death of her cat followed by the death of her father and the life lessons she has learned.		vf
<i>Saying Good-bye to the Pet You Love</i>	Greene, Lorri A. and Jaquelyn Landis (New Harbinger Publications, 2002)	Until now, not much help has been available for those who have lost a pet. <i>Saying Good-bye to the Pet You Love</i> , written by a psychologist with twenty years of experience as a pet bereavement specialist, helps you understand the very special human-animal bond, which, in turn, can help you deal with your terrible loss.	Pet Loss	155.9 G
<i>Saying Hello To Your Life After Grief</i>	Clemons, Hardy (Smyth & Helwys Pub., 2004)	A book designed to help people who have experienced crushing losses survive and grow beyond the pain into the light of a new day. The author takes an in-depth look at grief, one of the most common and universal experiences of life. Clemons examines the situations that cause grief and describes the stages beyond grief. He concludes his discussion by explaining how we can help each other grieve creatively and begin to live after its wake. An appendix provides helpful suggestions for working with grieving persons.	Religious	248.8 C
<i>Season of Grief, A</i>	Dawson, Ann (Ave Maria Press, Inc., 2002)	This book is a remarkable collection of quotations, personal reflections, and prayers intended for those who find themselves in their own "season of grief." The insights and stories from Ann Dawson's own experience after the death of her son are carefully placed alongside the comforting and often inspiring words of writers like C.S. Lewis and Kahlil Gibran.		242.4 D
<i>Send Me Tulips</i>	Oleson, Kathe (Prisma Press, Inc., 2005)	A tender story of living, loving and loss – speaking to the journey of our living and our dying; embracing the concepts of faith, grace and love along life's path.		155.9 O

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Shelter in the Storm: helping others through grief</i>	Hardesty, Beverley C. (GriefCare Publishing, 2004)	If you have no idea how to help someone when they are grieving the death of a loved one, then this is the book for you. This book was written, based on the experiences of grieving individuals who have been there and were willing to share what were the best and worst things that someone did for them while they were in the midst of their grief.		155.9 H
<i>Sibling Grief: healing after the death of a sister or brother</i>	White, P. Gill, Ph.D. (iUniverse, 2006)	A powerful mix of information, personal reflections, and poetry. The author draws on clinical experience, research, and wisdom from hundreds of bereaved siblings to explain the five healing tasks specific to sibling grief.	Death of a sibling	155.9 W
<i>Significance Of The Christian Funeral, The</i>	Jackson, Edgar N. (Channel Press, 1966)	Describes the significance and value of continuing the traditions of the Christian funeral.	Funeral Rites	vf
<i>Single After 50</i>	McConnell, Adeline and Beverly Anderson (McGraw-Hill Book Co., 1978)	A book about people who have changed their lives, people who have learned to stop worrying and start living, and is filled with practical, specific examples that you can draw upon in your own life, whether divorced or widowed.	Single Life / Religious	301.4 Mc
<i>Sleeping Beauty: memorial photography in America</i>	Burns, Stanley B., M.D. (Twelvetreets Press, 1990)	These photography were a common aspect of American culture, a part of the mourning and memorialization process.		778.9 B
<i>Sound Of Solitude, The</i>	McKuen, Rod (Harper & Row, Publishers, Inc., 1983)	The Sound of Solitude is the most moving, private, and essential collection of verse Rod McKuen has yet been willing to share with his millions of readers. Written in diary form this book details the slow, secret search for love, the joy of finding someone, and the nearly indefinable emptiness left behind when love goes.	General	811.54 M
<i>Step By Step Out Of Grief</i>	Mattern, Ivan G. (Droke House, 1973)	Written for the bereaved person following the funeral. The book will not eliminate grief, but...can assist in adjusting to a new way of life.		157 M
<i>Stolen Life, A: A Memoir</i>	Dugard, Jaycee (Simon & Shuster, 2011)	In the summer of 1991 I was a normal kid. I did normal things. I had friends and a mother who loved me. I was just like you. Until the day my life was stolen. For eighteen years I was a prisoner. I was an object for someone to use and abuse. For eighteen years I was not allowed to speak my own name. I became a mother and was forced to be a sister. For eighteen years I survived an impossible situation. On August 26, 2009, I took my name back. My name is Jaycee Lee Dugard. I don't think of myself as a victim. I survived. A Stolen Life is my story – in my own words, in my own way, exactly as I remember it.	Abduction	364.15 D
<i>Surviving A Sibling: discovering life after loss</i>	Mastley, Scott (-2001)	Includes personal experiences with sibling grief, survey results from bereaved parents and bereaved siblings, how to bridge the communication gap between parents and children, and dealing with unanswered questions.	Death of a sibling	155.9 M

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Surviving Grief...And Learning To Live Again</i>	Sanders, Catherine M., Ph.D. (John Wiley & Sons, Inc., 1992)	Offers the grieving person the support and understanding needed to get through the difficult journey of grief. Written by Dr. Catherine Sanders, a therapist and researcher specializing in bereavement issues and one who has lived through the loss of close family members. Helps the griever to see that what they are feelings is part of a natural process of readjustment and renewal.		155.94 S
<i>Surviving Infertility</i>	Salzer, Linda (Harper Perennial, 1991)	Offers individuals and couples a comprehensive guide for coping with the many intense feelings – anger, depression, fear, envy – that often emerge from the crisis of infertility.	Infertility	616.6 S
<i>Surviving the Death of a Sibling: living through grief when an adult brother or sister dies</i>	Wray, T.J. (Three Rivers Press, 2003)	Helps adults who have lost a brother or sister to realize that they are not alone in their struggle. It teaches them to understand the unique stages of their grieving process, offering practical and prescriptive advice for dealing with each stage.	Death of a sibling	155.9 W
<i>Talk Before Sleep</i>	Berg, Elizabeth (Dell Publishing, 1994)	This is the story of Ruth. Of Ann. And of all of us who wonder what we'd say if we knew we didn't have forever. The author writes about her experience losing a friend to breast cancer in a fictional way.	Breast Cancer	F B
<i>This Thing Called Grief: new understanding of loss</i>	Ellis, Thomas M. (Syren Book Co., 2006)	This book shows that although grief and pain may be changing you now, they have the potential to transform your life in a healing way. Ellis uses many real-life narratives of loss from his therapy practice to help illustrate various ways of grieving, and shows how you can learn from the experience of loss and make your way towards a place of healing transitions and a renewed sense of life.		155.9 E
<i>Time to Grieve, A</i>	Fitzpatrick, Carol (Barbour & Company, 1995)	Noted Christian author Carol Fitzpatrick describes not only the stages of grief but shares poignant examples from her own life and from the Bible on how to deal with this devastating emotion.		242.4 F
<i>Time To Grieve, A: meditations for healing after the death of a loved one</i>	Staudacher, Carol (HarperSanFrancisco, 1994)	This book accompanies the reader through the deep and prolonged grief that follows the death of a loved one. Written to connect with you wherever you are in your grieving process, these meditations are appropriate regardless of when your loved one died.		155.9 S
<i>Time to Mourn, A: Judaism and the psychology of bereavement</i>	Sprio, Jack D. (Bloch Publishing Company, 1967)	Defines the socio-religious aspects concerning the dynamics of the process of mourning as it is revealed in modern psychiatric research, as well as the Jewish theological background relating to the concept of death.	Religious - Jewish	296 S

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Time to Mourn, A: recovering from the death of a loved one</i>	DelBene, Ron (The Upper Room, 1988)	Words of consolation, prayer and scripture to help someone who has had someone they love die.	Religious	vf
<i>Tracks of a Fellow Struggler: living and growing through grief</i>	Claypool, John (Insight Press, 1995)	This book is the story of Claypool's own journey through the darkness, written through four sermons. The first was delivered just eleven days after his eight year old daughter's diagnosis of leukemia, the second after her first major relapse nine months later, and the third weeks after her death. The final sermon - reflection on the process of grieving - was preached three years later.		248.8 C
<i>Trauma And Recovery</i>	Herman, Judith, M.D. (Basic Books, 1997)	“Bridging the worlds of war veterans, prisoners of war, battered women and incest victims, Herman presents a compelling analysis of trauma and the process of healing.”	Trauma	616.85 H
<i>Twentieth Century Faith: hope And survival</i>	Mead, Margaret (Harper & Row, Publishers, 1972)	Religious Perspectives represents a quest for the rediscovery of man. It constitutes an effort to define man's search for the essence of being in order that he may have a knowledge of goals. It is an endeavor to show that there is no possibility of achieving an understanding of man's total nature on the basis of phenomena known by the analytical method alone.	Religious	200 M
<i>Understanding Death & Dying: an inter-disciplinary approach</i>	Wilcox, Sandra & Marilyn Sutton (Alfred Publishing Co., Inc., 1977)	An introductory survey on the subject of death & dying. Collected readings from many fields include experience-based pieces that ground the discussion of death and dying to realistic situations, theoretical statements that develop cognitive skills and analyses that suggest guides for intervention.	Professional	128.5 W
<i>Understanding Grief: it's roots, dynamics, and treatment</i>	Jackson, Edgar N. (Abingdon Press, 1957)	Readers will find a perceptive history of man's reaction to death and practical methods of counseling which can restore the grief-stricken to a useful life.		157 J
<i>Understanding Loneliness</i>	Jackson, Edgar N. (SCM Press Ltd., 1980)	Dr. Jackson has written in a way which will bring real help, insight and improvement even to situations which have seemed hopeless.		157 J
<i>Understanding Your Grief: ten essential touchstones for finding hope and healing your heart</i>	Wolfelt, Alan D., Ph.D. (Companion Books, 2003)	Explains the important difference between grief and mourning and explores the mourner's need to acknowledge the death and embrace the pain of the loss. This important book also explores the many factors that make each person's grief unique and the myriad of normal thoughts and feelings the mourner might have. Questions of spirituality and religion are addressed. Dr. Wolfelt also offers suggestions for good self-care.		155.9 W

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Unto Dust You Shall Return: story explaining cremation</i>	Geller, Norman (Norman Geller, 1986)	Written to help explain cremation. Although it deals with a high school class, it is equally applicable for use with both children and adults. Approaches the subject in an understandable and non-terrifying way.	Funeral Rites / Cremation	vf
<i>Using Grief To Grow: A primer</i>	Hartnett, Johnette (Good Mourning, South Burlington, VT. 1993)	Answers to common questions of those trying to support bereaved friends. Descriptions of the most common symptoms and stages based on the most current research on grief.		155.9 H
<i>Visions, Trips, and Crowded Rooms: Who and What You See Before You Die</i>	Kessler, David (Hay House Publishers, 2010)	In the tapestry of life and death, we may begin to see connections to the past that we missed in life. While death may look like a loss to the living, the last hours of a dying person may be filled with fullness rather than emptiness. In this fascinating book, Kessler brings us stunning stories from the bedsides of the dying that will educate, enlighten, and comfort us all.	Deathbed Hallucinations	155.9 K
<i>Voices of Death</i>	Shneidman, Edwin (Harper & Row, Publishers, 1980)	Will help find guidelines both to increase the psychological comfort of our own dying and to enhance our understanding of loved ones who may be dying.		155.9 S
<i>Walking with God through Pain and Suffering</i>	Keller, Timothy (Penguin Group, 2013)	The question of why God would allow pain and suffering has vexed believers and nonbelievers forever. Keller takes on this enduring issue and shows that there is meaning and reason behind pain and suffering, making a case that this essential part of the human experience can truly be overcome only by understanding our relationship with God.	Religious	248.8 K
<i>We Are But A Moment's Sunlight: understanding death</i>	Adler, Charles, M.D., et.al. ed. (Pocket Books, 1976)	Helps give a renewed awareness that death is a vital fact of life. The more than fifty literary selections face death with simplicity, dignity, honesty, and humor.		128.5 A
<i>We Get It: Voices of Grieving College Students and Young Adults</i>	Servaty-Seib, Heather L. & Fajgenbaum, David C. (Jessica Kingsley Publishers, 2015)	A unique collection of 33 narratives by bereaved students and young adults, this book aims to help young adults who are grieving and provide guidance for those who seek to support them.	Young Adult	155.9 S
<i>What Can I Say? How To Talk To People In Grief</i>	Miller, Roger F. (CBP Press, 1989)	Drawing on personal experience as a grieving person and as a pastor, Miller gives a practical guide for the conscientious friend of those who grieve.	Helping a friend	155.9 M

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>What Will Help Me? How Can I Help?</i>	Miller, James E. (Willowgreen Publishing, 1994)	Two books in one. Twelve suggestions for someone coping with grief and loss, and twelve suggestions for helping someone who has suffered a loss.	Helping a friend	155.9 M
<i>When a Grandchild Dies: what to do, what to say, how to cope</i>	Galinsky, Nadine (Gal in The Sky Publishing Co., 1999)	A guide for newly bereaved grandparents working through their own grief while comforting their children. Includes stories and quotes from those who have experienced such a loss.	Death of a grandchild	155.9 G
<i>When a Loved One Dies</i>	Williams, Philip W. (Augsburg Publishing House, 1976)	Experiencing loss, having and showing feelings, re-examining attitudes and beliefs -- all are necessary. To grieve and go through bereavement is to move from hurt to health.		242.4 W
<i>When a Person Dies: pastoral theology in death experiences</i>	Kinast, Robert L. (Cross Road, 1984)	About the impact of our death upon God, and how God in turn impacts our death with profound meaning.	Religious	236.1 K
<i>When Bad Things Happen To Good People</i>	Kushner, Harold S. (Schocken Books, 1981)	... A book that could be given to the person who has been hurt by life and who knows in his heart that if there is justice in the world, he deserves better.	Religious	296.3 K
<i>When Grief Breaks Your Heart</i>	Moore, James W. (Abingdon Press, 1995)	Explores how our faith can help us through these difficult times. Stories from the lives of everyday people illustrate how we can find the comfort and healing that come only from God.		248.8 M
<i>When Grief Comes: finding strength for today and hope for tomorrow</i>	Neely, Kirk H. (Baker Books, 2007)	Neely offers personal stories and practical information to help the reader understand each stage and phase of grief. He also suggests symbols of hope to assure God's care and concern along the way and includes a special section on the needs of grieving children. Neely always points the reader toward the ultimate hope for Christians-eternal life in heaven, including a joyful reunion with those who believe.	Religious	248.8 N
<i>When I'm Alone: thoughts and prayers that comfort</i>	DelBene, Ron (The Upper Room, 1988)	Words of consolation, prayer and scripture for someone who's in the midst of distress and discouragement.		vf
<i>When Life Gets Hard</i>	MacDonald, James (Moody Publishers., 2010)	Author, James MacDonald reflects on difficult trials in his lifetime and points readers to God's Word to make sense of their suffering. This interactive book helps readers to find an understanding of their trials through scripture and personal experience.	Religious	248.8 M
<i>When Loved Ones Are Taken In Death</i>	Strauss, Lehman (Lifeline Publications)	The author's aim is to help the Christian survivor see what is involved for those who are taken from us in death and to grasp something of what God has for us who are left behind.		248.8 S

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>When Men Grieve: why men grieve differently & how you can help</i>	Levang, Elizabeth (Fairview Press, 1998)	Explores the experiences of men grieving various types of losses and how different their reality may be from that of their partner. The author gives advice about how women can better understand and support men who grieve, while also honoring their own feelings.	Men and grief	155.9 L
<i>When Our Whole World Changes</i>	Johnson, Jan (International Bible Society, 1994)	When our whole world changes, it's hard to know what to do. We can begin by finding help—one day at a time. These 25 daily readings provide specific counsel based on truth from the Bible. A place to start, a place to find hope.	Religious	vf
<i>When Someone Dies</i>	Jackson, Edgar N. (Fortress Press, 1971)	Jackson emphasizes the skills and insights that help us work through the grief process. He considers the different ways death affects each person, as well as some aspects of grief common to everyone.		242.4 J
<i>When Will I Stop Hurting?: dealing with a recent death</i>	Kolf, June Cerza (Baker Book House, 1995)	Provides helpful advice for those who are grieving – and it is given in a manner which is both professional and practical.		155.9 K
<i>When You Don't Know What to Say: how to help your grieving friends</i>	Smith, Harold Ivan (Beacon Hill Press, 2002)	Sharing another's grief is not about "fixing it"—it's about showing up. Harold Ivan Smith, popular speaker and grief educator, guides you in responding with your heart. He shows you tangible, meaningful ways to make a significant difference as you journey through grief with someone you care about.	Helping a friend	248.8 S
<i>When You Lose Someone You Love</i>	Exley, Richard (Honor Books, 1995)	Writing a series of heart-to-heart letters, best-selling author Richard Exley draws on years of pastoral ministry to give you the comfort of a true friend. Most importantly, you'll find how the mercy and grace of God provide the promise of eternal life.		242.4 E
<i>When Your Friend Dies</i>	Smith, Harold Ivan (Augsburg Fortress, 2002)	The author explores the concept of “friendgrief” and offers compassionate guidance for those who have suffered the death of a friend and yearn to come to terms with their loss.	Death of a friend	vf
<i>When Your Marriage Dies: practical answers when divorce seems inevitable</i>	Petherbridge, Laura (Life Journey, 2005)	Regardless of who filed and for what reason, divorce causes a grief unlike any other. There is loss on both sides, and sometimes a feeling of not knowing how to be single. Author Laura Petherbridge has been there, and shares her own foolish mistakes. A veteran of Christian ministry, she directs the reader to biblical preventions and solutions to these common mistakes.	Divorce	248.8 P
<i>When Your Pet Dies: a guide to mourning, remembering, and healing</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 2004)	This book affirms the pet owner's grief and helps you understand why your feelings are so strong. It also offers practical suggestions for mourning—expressing your grief outside of yourself—so that you can heal. Ideas for remembering and memorializing your pet are also included.	Pet Loss	155.9 W
<i>Ye Shall Be Comforted</i>	Rogers, William F. (Westminster Press, 1950)	Offers positive help with the problem of how to understand and meet the experience of sorrow.		242 R

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>You And Your Grief</i>	Jackson, Edgar N. (Hawthorn Books, Inc., 1962)	A book to give to the mourner; it will enable the reader to face the enormous difficulties of today and be ready for tomorrow.	Professional	157 J
<i>You Can Heal Your Heart: Finding Peace After a Breakup, Divorce, or Death</i>	Hay, Louise and Kessler, David (Hay House Publishing, 2014)	Louise and David discuss the emotions and thoughts that occur when a relationship leaves you brokenhearted, a marriage ends in divorce, or a loved one dies. This book also helps with greater self-awareness and compassion, providing you with the courage and tools to face many other types of losses and challenges, such as saying good-bye to a beloved pet, losing your job, coming to terms with a life-threatening illness or disease, and much more.	Divorce	155.9 H