

# Hamilton's Academy of Grief & Loss

*Books for Professionals*

*Lee Hamilton Memorial Grief Lending Library*

*Located at 3601 Westown Parkway, West Des Moines, Iowa*

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>ABC's Of Healthy Grieving: light for a dark journey</i>	Smith, Harold Ivan (Shawnee Mission Medical Center Foundation, 2001)	A book for both those who are grieving and those who wish to be helpful to grievers. Gives practical suggestions as well as thoughtful insights for one's grief journey.	Professional	<b>155.9 S</b>
<i>Acute Grief</i>	Margolis, Otto S. (Columbia University Press, 1981)	These essays survey the complex issues surrounding the crisis of bereavement.		<b>155.9 M</b>
<i>All Our Losses, All Our Grievs: resources for pastoral care</i>	Mitchell, Kenneth R. (The Westminster Press, 1983)	"...describes grief as a normal reaction to significant loss that is first experienced at birth and repeated continually throughout life, although it is often unrecognized and unattended."	Religious / Professional	<b>253.5 M</b>
<i>American Attitudes Toward Death And Funerals</i>	Blackwell, Roger D., Ph.D. (The Casket Manufacturers Association, 1974)	Designed to provide members of the funeral service field with an understanding of American attitudes toward death and funeral related topics.	Funeral Rites	<b>vf</b>
<i>Attachment and Loss, Volume I: attachment</i>	Bowlby, John (Basic Books, Inc., Publishers, 1969)	Examines the child's tie to the mother and also explains why this vital relationship is so crucial to the development of the child's personality.	Professional	<b>136.7 B</b>
<i>Attachment And Loss, Volume II: separation, anxiety and anger</i>	Bowlby, John (Basic Books, Inc., Publishers, 1973)	Examines the effect of separation on the development of the child and the psychopathology that often follows separation.	Professional	<b>136.7 B</b>
<i>Basic Types of Pastoral Care And Counseling</i>	Clinebell, Howard J., Jr. (Abingdon Press, 1966)	Aimed at the minister and seminary student.	Religious	<b>253.5 C</b>
<i>Bereavement Counseling: pastoral care for complicated grieving</i>	McCall, Junietta Baker (Haworth Pstoral Press, 2004)	This practical guide to the treatment of grief responses combines clinical and spiritual care. Topics addressed include universal grief processes and responses, dysfunctional grieving, therapies and treatment priorities, reorganization and recovery, the ways that perceptions, thoughts, and beliefs influence care, and more.	Professional	<b>259.6 Mc</b>
<i>Bibliography Of Books On Death, Bereavement, Loss And Grief From 1935-1968.</i>	Kutscher, Austin H., Jr., comp. (Health Sciences Publishing Corp., 1969)	A bibliography of books on death, bereavement, loss and grief from 1935-1968.	Professional	<b>16.3 K</b>
<i>But I Didn't Get To Say Goodbye: for parents and professionals helping child suicide survivors</i>	Barbara Rubel (Griefwork Center, Inc., 1999)	A refreshing and practical approach to working with children who are suffering the loss of a loved one due to suicide. Rubel takes a very difficult topic and creates a manageable path for parents and professionals to follow when helping the young suicide survivor.	Suicide	<b>616.8 R</b>

<b>TITLE</b>	<b>AUTHOR</b>	<b>DESCRIPTION</b>	Topics	Location
<i>Caregiving and Loss: family needs, professional responses</i>	Doka, Kenneth & Joyce Davidson, eds. (Hospice Foundation of America, 2001)	A valuable resource for those who care for dying patients and their families. A variety of articles by various professionals dealing with many end-of-life care issues.		<b>362.04 D</b>
<i>Child Shall Lead Them, A: lessons in hope from children with cancer</i>	Komp, Diane M., M.D. (Zondervan Publishing House, 1993)	Physician-author Diane Komp uses tender stories of her work with children who have cancer to illustrate timeless biblical truth. Showing how medicine, science, and biblical faith are compatible, she gives readers inspiring insight into the spiritual re-education of a Yale medical professor by her young patients.	Before the Death / Religious	<b>362.1 K</b>
<i>Companioning At A Time Of Perinatal Loss: a guide for nurses, physicians, social workers, chaplains and other bedside caregivers</i>	Heustis, Jane E. R.N., and Marcia Jenkins, R.N. (Companion Press, 2005)	Written by seasoned support nurses, this compassionate and practical guide offers a new model of bereavement care for nurses, physicians, social workers, chaplains and other bedside obstetric caregivers, as they companion families who have experienced miscarriage, premature birth, stillbirth and other forms of perinatal loss.	Professional	<b>618.3 H</b>
<i>Companioning the Bereaved: a soulful guide for caregivers</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 2002)	Whether you are an experienced grief counselor or a lay person interested in supporting others who mourn, this groundbreaking resource offers an energizing new way to think about your role as helper.	Professional	<b>155.9 W</b>
<i>Companioning You: a soulful guide to caring for yourself while you care for the dying and the bereaved</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 2012)	Bereavement care is draining work, and remaining empathetic to the painful struggles of the mourners and dying they serve makes caregivers highly susceptible to burnout. But if you make compassionate self-care a priority, not only will your life be richer and more joyful, you will be a more effective caregiver to others. Let this book show you how to have balance in your life and in your work.	Professional	<b>155.9 W</b>
<i>Creating Meaningful Funeral Ceremonies</i>	Wolfelt, Alan D., Ph.D. (Companion press, 1994)	"An inspiring guide for clergy and others who help bereaved families plan and carry out authentic funeral rituals..."	Funeral Rites	<b>265 W</b>
<i>Cremation</i>	Irion, Paul E. (Fortress Press)	This book "is an effort to encourage discussion of cremation, to provide information about it and its implications and to foster a climate in community and church in which individuals and families will have a free choice in their selection of funerary practices."	Professional / Cremation	<b>393 I</b>
<i>Cremation and the Funeral Director</i>	Kubasak, Michael W. (Avalon Press, 1990)	A how-to book for funeral professionals helping families who desire cremation and the non-traditional funeral service.	Professional / Cremation	<b>265 K</b>
<i>Death And Dying: current issues in the treatment of the dying person</i>	Pearson, Leonard, ed. (Case Western Reserve University Press, 1969)	Five prominent clinicians and scientists examine the psychological, sociological, and physical aspects of death.	Professional	<b>616.07 P</b>
<i>Death And Grief, A Guide For Clergy</i>	Wolfelt, Alan D., Ph.D. (Accelerated Development, Inc., 1988)	For clergy who wish to enhance their ability to assist others during times of death and grief.		<b>253.5 W</b>

<b>TITLE</b>	<b>AUTHOR</b>	<b>DESCRIPTION</b>	Topics	Location
<i>Death: Current Perspectives</i>	Shneidman, Edwin S. (Mayfield Publishing, 1976)	A broad-ranging view of current trends in thanatology.	Funeral Rites	<b>393 S</b>
<i>Death, Grief And Bereavement: a bibliography 1845-1975</i>	Fulton, Robert. Comp. (Arno Press, 1977)	The literature of death and dying.	Professional	<b>16.3 F</b>
<i>Discussing Death: a guide to death education</i>	Mills, Gretchen (ETC Publications, 1976)	A comprehensive approach to death education on a development level.	Professional	<b>128.5 M</b>
<i>Free Fall</i>	Smith, JoAnn Kelley (Judson Press, 1975)	A guide for families and friends as well as helping professionals who seek a better understanding of the ultimate crisis of life.	Professional	<b>B S</b>
<i>Giving Care, Taking Care: support for the helpers</i>	Ilse, Sherokee (Wintergreen Press, 1996)	An encouraging and practical guide for professionals and lay people who give of themselves to help others. It reminds us to make time to "fill our own wells."		<b>152 I</b>
<i>God, Grass, and Grace: a theology of death</i>	Starenko, Ronald C. (Concordia, 1975)	Written so pastors can help Christians stand on their faith and see death realistically.	Religious	<b>236.1 S</b>
<i>Good Funeral, The</i>	Long, Thomes G. and Lynch, Thomas (Westminster John Knox Press, 2013)	Two of the most authoritative voices on the funeral industry come together here in one volume to discuss the current state of the funeral. Through their different lenses--one as a preacher and one as a funeral director--Thomas G. Long and Thomas Lynch alternately discuss several challenges facing "the good funeral," including the commercial aspects that have led many to be suspicious of funeral directors, the sometimes tense relationship between pastors and funeral directors, the tendency of modern funerals to exclude the body from the service, and the rapid growth in cremation.		<b>393.09 73 LL</b>
<i>Grief at Work: a manual of policies and practices</i>	Fitzgerald, Helen (American Hospice Foundation, 2000)	Covers grief policies and programs, death at the worksite, funeral planning, the bereaved return to work, crisis planning, characteristics of grief, the process of grief, complicated grief, unresolved childhood grief, and managing grief at work: a training curriculum for employee assistance professionals.	Professional	<b>155.9 F</b>
<i>Grief Counseling And Grief Therapy: a handbook for the mental health practitioner</i>	Worden, J. William, Ph.D. (Springer Publishing Company, Inc., 1982)	Describes the mechanisms of grief and the procedures of helping clients accomplish the "tasks of mourning" to facilitate moving through the process of normal grieving.		<b>616.89 W</b>
<i>Grief-Transition And Loss</i>	Oates, Wayne (Fortress Press, 1997)	"Pastors are privileged to offer ministry in the context of bereavement grief, but in this book Oates takes us into life situations where the significance of grief, separation, and loss often go unnoticed, such as divorce and employment situations. As always, Oates discovers nuggets of biblical wisdom and spiritual insight that ground pastoral care in the Christian tradition and connect caregiving with the faith of the parishioner."	Religious	<b>253.5 O</b>

<b>TITLE</b>	<b>AUTHOR</b>	<b>DESCRIPTION</b>	Topics	Location
<i>Group, The: Seven Widowed Fathers Reimagine Life</i>	Rosenstein, Donald L. and Yopp, Justin M. (Oxford University Press, 2018)	Through the fathers' poignant interactions, The Group illustrates that while some wounds never fully heal, each of us has the potential to construct a new and meaningful future. Rosenstein and Yopp, co-leaders of the support group, weave together the fathers' stories with contemporary research on grief and adaptation. The Group traces a compelling journey of healing and personal discovery that no book has ever captured before. The men's touching efforts to care for their families, grieve for their wives, and reimagine their futures will inspire anyone who has suffered a major loss.	Men and Grief, Widowers, Parenting	<b>155.9 RY</b>
<i>Healing Grief at Work: 100 practical ideas after your workplace is touched by loss</i>	Wolfelt, Alan D., Ph.D. (Companion Books, 2005)	Topics covered include effective ways to channel grief during the workday, supporting co-workers who mourn, and coping with traumatic deaths that affect the workplace. A special introduction for employers (managers, human resource personnel, owners, etc.) addresses the economic impact of grief in the workplace and provides practical and cost-effective ideas for maintaining morale and creating a productive yet compassionate work environment.	Professional	<b>155.9 W</b>
<i>Home Care For The Dying Child: professional and family perspectives</i>	Martinson, Ida Marie, Ph.D., R.N., ed (Appleton-Century-Crofts, 1976)	"The intent of this book is to share the knowledge and experience of a variety of concerned individuals involved in the care of children facing death."	Terminally Ill Children	<b>649. 8 M</b>
<i>Home Care: living with dying</i>	Prichard, Elizabeth R., ed. (Columbia University Press, 1979)	Home care involves many dimensions... the ultimate goals are an atmosphere of comfort and the maintenance of social participation within the home of a dying patient.	Professional	<b>362.1 P</b>
<i>Hospice And Ministry</i>	Irion, Paul E. (Abingdon Press, 1988)	The focus of this book is on the care of persons: the dying, the members of the hospice staff, and the families. Dr. Irion pays special attention to the needs of the children of the dying and also discusses issues in the treatment of pain, quality of life and the care of patients with AIDS.	Before the Death / Religious	<b>259.4 I</b>
<i>How Can I Help?: stories and reflections on service</i>	Dass, Ram & Paul Gorman (Alfred A. Knopf, 1986)	Provides support and inspiration for us in our efforts as members of the helping professions, as volunteers, as community activists, or simply as friends and family trying to meet each other's needs.		<b>158 D</b>
<i>Hospice Movement, The: a better way of caring for the dying</i>	Stoddard, Sandol (Stein and Day, Publishers, 1978)	Case histories and personal experience; as a volunteer, the author presents specific information on patient care, medication techniques, funding, staffing, administration, home care programs, and architectural requirements for inpatient units.	Professional	<b>616 S</b>
<i>How To Care For Yourself While You Care For The Dying And The Bereaved</i>	Wolfelt, Alan D., Ph.D. (Companion Press, 1996)	A booklet on the importance and the practice of self-care for caregivers to the dying and the bereaved. This practical booklet addresses: why excellent self-care is essential; the art of erasing "worktapes"; caregiver fatigue syndrome; the over caring caregiver; the bereavement caregiver's self-care guidelines.		<b>vf</b>

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Into The Light: ministering to the sick and the dying</i>	DelBene, Ron & Mary & Herb Montgomery (Upper Room, 1988)	The author has written a very moving, simple, and extremely practical book for all those who wonder how to be present to sick and dying people. This book allows for a very intimate, personal, spiritual communion when we often feel hopeless and powerless.	Before the Death / Religious	<b>259.4 D</b>
<i>It's Ok that You're Not OK: Meeting grief and loss in a culture that doesn't understand</i>	Devine, Megan (Sounds True, 2017)	Megan writes with deep insight about the unspoken truths of loss, love, and healing. She debunks the culturally prescribed goal of returning to a normal, "happy" life, replacing it with a far healthier middle path, one that invites us to build a life alongside grief rather than seeking to overcome it. In this compelling and heartfelt book, you'll learn: <ul style="list-style-type: none"> <li>• Why well-meaning advice, therapy, and spiritual wisdom so often end up making it harder for people in grief</li> <li>• How challenging the myths of grief—doing away with stages, timetables, and unrealistic ideals about how grief should unfold—allows us to accept grief as a mystery to be honored instead of a problem to solve</li> <li>• Practical guidance for managing stress, improving sleep, and decreasing anxiety without trying to "fix" your pain</li> <li>• How to help the people you love—with essays to teach us the best skills, checklists, and suggestions for supporting and comforting others through the grieving process</li> </ul>		<b>155.9 D</b>
<i>Learning to Say Goodbye: dealing with death and dying</i>	Peck, Rosalie, MSW A.C.S.W. (Accelerated Development, Inc., 1987)	Fundamental information that students of health care need to acquire and guidelines which practitioners who work with dying people need to know and have readily accessible.		<b>155.9 P</b>
<i>Life &amp; Loss: a guide to help grieving children</i>	Goldman, Linda (Accelerated Development, 1994)	A guide for parents, educators, clergy and health care professionals to handle children's loss and grief issues. Includes bibliographical references and index.		<b>155.4 P</b>
<i>Living the Dying Process – a guide for caregivers</i>	Gyulay, Jody (Caritas Journey Publications)	A helpful guide for family members assuming the role as caregiver for their dying loved one.		<b>vf</b>
<i>Living with Grief: ethical dilemmas at the end of life</i>	Doka, Kenneth, et. al., ed. (Hospice Foundation of America, 2005)	Written and edited by some of the nation's leading authorities on ethics and end-of-life care, this book explores a range of issues – including pediatric hospice, historical, religious, spiritual and cultural perspectives of the end of life, hospice in nursing homes, surrogate decision making, physician assisted suicide, organ donation and our society's legal tenants of end-of-life-care.	Professional	<b>362.1 D</b>
<i>Loss and Grief: psychological management in medical practice</i>	Schoenberg, Bernard, ed. (Columbia University Press, 1970)	Defines concepts and practices for professionals who are called upon to handle matters relating to loss and grief.		<b>150 S</b>

TITLE	AUTHOR	DESCRIPTION	Topics	Location
<i>Loss of a Life Partner, The: Narratives of the Bereaved</i>	Walter, Carolyn Ambler (Columbia University Press, 2003)	Through discussions of various theories of grief, narratives of the bereaved obtained in interviews with 22 men and women, case study analysis, and chapter summaries, this text integrates the literature about and the bereavement experiences of partners in varying types of relationships.	Unmarried Partners	<b>155.9 W</b>
<i>Men &amp; Grief: a guide for men surviving the death of a loved one, a resource for caregivers and mental health professionals</i>	Staudacher, Carol (New Harbinger Publications, 1991)	This book is a good resource for grieving men, as well as the professionals who help them. The author addresses a wide variety topics related to men and grief and the book is divided into three major sections: 1) Grief Responses and Characteristics, 2) The Special Challenges of Specific Losses, and 3) Working Through Your Grief.	Men and grief / Professional	<b>155.9 S</b>
<i>Nine Years Under</i>	Booker, Sherri (Gotham Books, 2013)	Sheri Booker was only fifteen years old when she started working at Wylie Funeral Home in West Baltimore. She had no idea that her summer job would become nine years of immersion in a hidden world. Reeling from the death of her beloved great aunt, she found comfort in the funeral home, and soon has the run of the place, from its sacred chapels to the terrifying embalming room. With AIDS and gang violence threatening to wipe out a generation of black men, Wylie was never short on business. As families came together to bury one of their own, Booker was privy to their most intimate moments of grief and despair. But along with the sadness, Booker encountered moments of dark humor: brawls between mistresses and widows, and car crashes at McDonald's with dead bodies in tow. While she never got over her terror of the embalming room, Booker learned to expect the unexpected and to never, ever cry.	Working in a funeral home	<b>338.4 B</b>
<i>On Grief &amp; Grieving: Finding the Meaning of Grief Through the Five Stages of Loss</i>	Kubler-Ross, Elisabeth and Kessler, David (Simon and Schuster, Inc., 2005)	Just as <i>On Death and Dying</i> taught us the five stages of death, Dr. Elisabeth Kübler-Ross and David Kessler applies these stages to the grieving process and weaves together theory, inspiration, and practical advice, including sections on sadness, hauntings, dreams, isolation, and healing.	Professional	<b>155.9 K</b>
<i>Oncology Social Work: a clinician's guide</i>	Stearns, Naomi M., et. al., ed. (The American Cancer Society, 1993)	A valuable resource for the social worker whose practice includes cancer patients and their families – both social workers specializing in oncology as well as general practice social workers.	Cancer	<b>362.1 S</b>
<i>Passages in Caregiving: turning chaos into confidence</i>	Sheehy, Gail (HarperCollins Publishers, 2010)	Sheehy identifies eight crucial stages of caregiving and offers insight for successfully navigating each one With empathy and intelligence, backed by formidable research, and interspersed with poignant stories of her experience and that of other successful caregivers, <i>Passages in Caregiving</i> addresses the needs of this enormous and growing group.		<b>362.04 S</b>
<i>Passing On: the social organization of dying</i>	Sudnow, David (Prentice-Hall, Inc., 1967)	Explores dying and death as they concern the staff members of two large hospitals.	Professional	<b>616.07 S</b>

<b>TITLE</b>	<b>AUTHOR</b>	<b>DESCRIPTION</b>	Topics	Location
<i>Peer Counseling: in-depth look at training peer helpers</i>	Gray, Dean and Judith A., Tindall (Accelerated Development, 1985)	Intended for those interested professionals such as teachers, counselors, ministers, religious educators, social workers and others in the helping professions.	Religious	<b>158 G</b>
<i>Perspectives on Death</i>	Mills, Liston O., ed. (Abingdon Press, 1969)	A team of scholars surveys, assesses, and interprets the available material	Professional	<b>393 M</b>
<i>Reinventing Funeral Service – Vol. 1: product merchandising</i>	Doody, Alton F., Jr. (Center for Advanced Funeral Practice Management, 1994)	First of a series of books on advancing the practice of management in funeral service.	Funeral Rites	<b>265 D</b>
<i>R.V.H., The Manual Of Palliative/Hospice Care</i>	Ajemian, Ina, ed. (Arno Press, 1980)	A professional resource book for palliative/hospice care.	Professional	<b>616 A</b>
<i>Secret Cemetery, The</i>	Francis, Doris (Berg Publishers, 2005)	Burial sites have long been recognized as a way to understand past civilizations. Yet, the meanings of our present day cemeteries have been virtually ignored, even though they reveal much about our cultures. Exploring an extraordinarily diverse range of memorial practice - Greek Orthodox, Muslim, Jewish, Roman Catholic, and Anglican, as well as the unchurched - "The Secret Cemetery" is an intriguing study of what these places of death mean to the living.		<b>363.7 F</b>
<i>Service Of Death And Resurrection, A: the ministry of the church at death</i>	United Methodist Church, The (Abingdon, 1979)	A supplemental resources for funeral rites and ceremonies within the United Methodist Church.	Funeral Rites	<b>265 U</b>
<i>Spiritually Sensitive Caregiving: A multi-faith handbook</i>	Lord, Janice Harris, et al. (Compassion Press, 2008)	Spiritually Sensitive Caregiving provides essential information about the beliefs and rituals, death issues, and justice issues of the six largest faith groups in the United States – Native American, Hinduism, Buddhism, Judaism, Christianity, and Islam.	Religious	<b>200.2 L</b>
<i>Thou Holdest My Right Hand: on pastoral care of the dying</i>	Los, D. (Inheritance Publications, 1994)	To offer guidance to those who give pastoral care to people who are dying.	Before the Death / Religious	<b>259.4 L</b>
<i>Understanding Death &amp; Dying: an inter-disciplinary approach</i>	Wilcox, Sandra & Marilyn Sutton (Alfred Publishing Co., Inc., 1977)	An introductory survey on the subject of death & dying. Collected readings from many fields include experience-based pieces that ground the discussion of death and dying to realistic situations, theoretical statements that develop cognitive skills and analyses that suggest guides for intervention.	Professional	<b>128.5 W</b>
<i>When You're Ill Or Incapacitated/When You're The Caregiver</i>	Miller, James E. (Willowgreen Publishing, 1995)	Two books in one. Twelve suggestions to help someone who is sick, injured or otherwise disabled and twelve suggestions for the caregiver.	Professional	<b>362.1 M</b>

<b>TITLE</b>	<b>AUTHOR</b>	<b>DESCRIPTION</b>	Topics	Location
<i>You And Your Grief</i>	Jackson, Edgar N. (Hawthorn Books, Inc., 1962)	A book to give to the mourner; it will enable the reader to face the enormous difficulties of today and be ready for tomorrow.	Professional	<b>157 J</b>